

Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

The Prez Says

Mark your calendar, Feb 12th is the next B.I.K.E.S. meeting date. Stop in and pick up a handful of McClinchy registration forms. Carry them with you to give to friends that cycle, cyclists you work with and people you meet along your favorite route.

Encourage them to visit our booth at Bicycle Expo on March 14th and 15th. It will be their last chance to register early and save \$5.00 each. We will have our custom McClinchy Mile Jersey Bin (waterproof carrier) on display. Jersey Bins will be free to anyone who carools or rides to the McClinchy Mile.

While you are at the meeting, sign up to help with part of the ride. You will receive a free McClinchy entry and post-ride meal as well as that warm feeling that comes from helping to put on one of the best organized rides around.

We finally got our lighted ride in after the snow melted away. Dan and Elaine Scott sported some festive decorations on their tandem, Debby Grant had her Friday decked out in its Sunday finest, Warren Bare showed off his assortment of headlights and tail lights and Tom stoked behind me on our well-lit tandem. We took a short and chilly trip to the north end of Everett then back to Yupa's Thai Cuisine for dinner with a cup of hot tea.

February is also the official beginning of cycling season as Cascade Bicycle Club hosts its annual "Chilly Hilly" on Feb 22nd. So oil up that chain and pump them tires back up and get ready to ride.

For those of you that forgot to put your bike up for the year, disregard that last part.

See you on a ride soon
Bill Weber

Club Meeting

Thursday, February 12,
7:00pm

At this meeting we figure out volunteer opportunities for the McClinchy Mile Ride and more.

Meeting location:

Snohomish County PUD Building
2320 California Ave, Everett

Pre-meeting dinner will be at 5:30 at :
Yupa's Thai Kitchen
2725 Colby, Everett

A BIG THANK YOU

To our Newsletter Angel, **Mary Andrews**, who for the last two years made sure the Chainwheel Chatter arrived at the post office on time. Alas. she is stepping aside and our newsletter printer will do the whole job.

And Thank You to **Doug Andrews**, (not related to Mary—newsletter angel) for acting as editor last year.

Say Thanks when you see them on a ride.

2009 Seattle Bike Swap

Saturday, February 21, 2009

9 AM to 2 PM

Location - Magnuson Park Hangar #30

The Seattle Bike Swap, now in its 13th year, is a bike bargain hunter's paradise with up to 100 vendors under the same roof! Expect great deals on new and used bike related goods of all types and sizes. Don't miss this one.

Chilly Hilly

February 22, 2009

With chilly February weather and 2,675 feet of hilly climbing, the name says it all! Chilly Hilly has been kicking off the cycling season in the Northwest for the past 35 years. Go to Cascade Bicycle Club for more information: <http://www.cascade.org/Home/>

FEBRUARY 2009

ISSUE 354

INSIDE THIS ISSUE:

From the President	1
Club Members Mileage	2
Advocacy News	2
Ride Calendar	3
Advocacy News	4
Club Meeting Minutes	5
Membership Form	6

\$4300

Returned to our Community

McClinchy Mile rider participation, the efforts of many club volunteers and Sponsor support allowed BIKES to donate over \$4300 for advocacy and cycling promotion in Snohomish County in 2008.

This includes funding for Snohomish County bike maps; printing information fliers for Bike to Work Day; a dollar a rider on McClinchy plus a separate grant to Bicycle Alliance of Washington, the state umbrella advocacy organization; and grants to five service organizations including Christmas House and Sharing Wheels, for refurbishing bikes and supplying helmets to youngsters with limited resources.

B.I.K.E.S.

Club Officers and Support Information

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leadaride@bikesclub.org

Address, Name, Phone and Email Changes

Remember to contact Fred or Kala at (425) 487-3221 or roster@bikesclub.org for any changes or corrections to your address, phone number or email in the club records.

If you are a member and are not receiving your newsletter by email or in the mail, let Fred or Kala know.

Club Miles for Club Members

The Frequent Rider Miles program is intended as a fun benefit of BIKES Club membership. Ride 100 miles on club-sponsored rides, earn a club water bottle. Ride 500 miles, earn a club cycling cap, etc.

MILEAGE AS OF JANUARY 17 2009

First name	Last Name	YTD
Wendell	Hultman	163
Warren	Bare	148
Pier	Fiorentini	89
Bill	Lutterloh	71
Doug	Andrews	69
Dan	Scott	63
Kathy	Riddle	49
Steven	Hudspeth	46
Warren	McAndrew	37
Jack	Boileau*	24
Jim	Shaver*	24
Pam	Hallanger	24
Annie	Peterson	16
Bill	Weber	5
Debby	Grant	5
Elaine	Scott	5
Tom	Weber	5

(*Not yet a member? Non-members are welcome on club rides as long as they wear a helmet and obey traffic laws but are encouraged to join the club.)



Downtown Everett Streetscape Plan

Bill Weber, Kathy Riddle, Mike Dahlstrom and Warren Bare attended the January 14th Everett City Council meeting that featured a presentation from staff on The Downtown Everett Streetscape plan.

Basically the plan is to add amenities to the streets encompassing the 40 block downtown area similar to those currently on Colby and Hewitt. This includes wide sidewalks, concrete pedestrian bulbs at corners and some midblock locations, trees, benches, public art work, trash receptacles and inverted U bike racks.

Cyclist are delighted with the amenities as they are all calming influences on vehicular traffic therefore a plus from a cycling standpoint. The inverted U racks are much better design than currently seen in Everett (the U type are displayed on the Bike Alliance website).

It was pointed out to Council that vast numbers of cyclist favor Colby as the preferred north – south corridor instead of Hoyt where bike lanes are tentatively planned. For east – west the plan stipulates California which is a nice street but when riding east and one reaches Broadway they must make a right turn, not cross Broadway or turn left. Not a viable option.

Jurisdictions often try to channel cyclist onto streets that they choose and cyclists prefer to ride the best route to reach their destination.

Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?
CHECK OUT THE RIDE CHANGES PAGE ON THE WEB SITE
STILL NOT FINDING ONE OF INTEREST
Enter one on the Ride Changes Page**

Weekday

MONDAY NITE INDOOR TRAINING SESSIONS. Starting Monday 04 November till MARCH 09 6 P.M. start BRING YOUR BIKE, and TRAINER...some trainers available at the shop call to reserve 360-629-6415. All "classes" held at Stanwood Velo Sports...come join the fun...Every Tuesday Night till March 9th Rod McDonald 360-654-1499 Email: rodmc@cedarcomm.com

TUESDAY NITE LADIES ONLY INDOOR TRAINING SESSIONS Stanwood Velo Sports will host indoor bring your bike and trainer training for women only (SORRY GUYS) spin sessions starting at 6P.M....they will run thru March 09
For more info call rodmc@cedarcomm.com 360-629-6415 Ladies these are GREAT CLASSES please come try them out.

MEANDERING MONDAYS: These are Social pace rides with regroup; 25 to 40+ miles; varied terrain; and a food/snack stop along the way. Check the ride changes page or contact Warren Bare at (425) 743-7593 or email warrenbare@verizon.net for location and start time

Weekend

Sunday February 1 - McCollum Park-Snohomish-Everett - Starting at 10:00am at McCollum Park and Ride parking lot. Social moderate pace with regroup. 30-35 Miles. Heavy rain cancels. Leader Tim Wise (425-754-7916) tcjkwise@verizon.net.

Saturday. February. 7- Rotary park to Snohomish. Start at gravel lot at bottom of hill. Start time 10:00, Social pace, 13 to 30 miles. Gentle ride to start the season. No rider left behind. Lunch in Snohomish and may meander to Lake Stevens depending on riders. Serious rain may affect ride. Check ride changes or email me if in doubt. Ride leader Doug Andrews. Dougg27@hotmail.com. Cell phone day of ride (425) 344-1718.

Saturday. February. 14 - Marysville Soup Ride – 30 to 40 mile ride starting 10AM from Alan Creek Elementary, we'll try and check out the river flooding, route to be determined. Social to moderate pace over A/B terrain to suit riders and the weather. Bring sandwich and drink and join me for hot soup at my house, only 4 blocks away, at end of ride. Call Mike Snodgrass at (360) 653-2384 for time. Rain cancels.

Saturday. February 21 Ride to the BIKE SWAP- 9 AM to 2 PM Magnuson Park Adult Admission is on a sliding time scale: 9 AM to 1 PM - \$5 - 1 PM to 2 PM FREE -Meet at Albertsons on the Mukilteo Speedway at 7:30AM or enroot at Third Place Books at 8:30 Rain ,Ice or snow may cancel and call the ride leader if meeting at Third Place. Warren Bare (425)743-7593 warrenbare@verizon.net.

Sunday February 22 Not Chilly Hilly – We meet at twin lakes near Smokey Point and ride to Stanwood. About 35-38 miles, social pace, some hills and rain ,snow or ice may cancel Ride leader Warren Bare (425)743-7593 warrenbare@verizon.net.

leadaride@bikesclub.org

Ride leaders can simply send their ride ideas to the "leadaride" address, then the email will automatically forward to that month's ride coordinator.

leadaride@bikesclub.org

This Month's Ride Coordinator is Bill Weber.

Ride Guide

PACE

Leisurely / Under 10 MPH

Social / 10 -13 MPH

Moderate / 13 -16 MPH

Brisk / 16 -18 MPH

Strenuous / Over 18 MPH

TERRAIN

A Mostly flat / Norman Road

B Rolling terrain / McClinchy Mile

C Rolling steeper hills / Kitsap Peninsula

D Difficult terrain / Whidbey Island

E Very difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

Advocacy News

Lynnwood Launches Traffic Task Force

In response to citizen concerns about transportation issues as well as city leaders' vision for a sustainable city, Lynnwood Mayor Don Gough established a "Citizens Task Force on Transportation and Traffic." Warren Bare was invited to serve on the committee, and will represent cycling interests. Warren works for the Lynnwood Senior Center and has been active for the past year in Lynnwood's Healthy Communities Project. The committee's charter includes giving direction on city comprehensive plan and budget priorities. Creating safe walkable and bikeable connections throughout the city are among the stated goals.

Head to Olympia

They say that politics is like making sausage, and it's not a pretty process. But the truth is, citizens can be empowered by making a personal visit to Olympia during the legislative session and seeing government in action. Elected officials make a point of meeting with their constituents. If you have a clear message and purpose in your visit, you just might come away feeling listened to and getting the action you wanted.

Feb. 12 is the Washington Wildlife and Recreation Coalition Lobby Day. The state's Washington Wildlife and Recreation Program provides funding for trail and parks projects that often benefit cyclists, so it wouldn't hurt to have a few on hand lobbying for funding and bike-project priorities. See www.wildliferecreation.org.

Feb. 19 is Environmental Lobby Day, sponsored by the Environmental Priorities Coalition. The group is focusing on "cap & trade" legislation related to global warming emissions, "efficiency first" to promote conservation, clean water investments for Puget Sound and, most directly applicable to cyclists, "Transit Oriented Communities," which by definition support walking and biking. See www.pugetsound.org.

Feb. 24 is Transportation Lobby Day in Olympia, co-sponsored by the Bicycle Alliance of Washington. This is the best day to go down and focus on bike issues with like-minded folk. Register for the event at www.transportationchoices.org and learn about the BAW legislative agenda we'll be focusing on at www.bicyclealliance.org.

Who is your legislator, anyway? One easy way to find out is to go to <http://www1.leg.wa.gov/legislature> and click on "find your district." You'll get a map and links to your legislators. That page is also a great place to find out what's going on in Olympia this session.

New Bike Alliance president

Kristin Kinnamon has been elected president of the board of the Bicycle Alliance of Washington. The statewide organization engages members, recreational bike clubs, communities and governments to create a more bicycle-friendly state. Kinnamon, the past president of BIKES Club of Snohomish County, has served on the Bicycle Alliance board since 2004. She works for Community Transit, where she has organized Snohomish County Bike to Work events for the past eight years. Kinnamon recently ended a term on the board of the Snohomish County Tourism Bureau. She and fellow BIKES member Kristi Knodell live in Marysville with one car and nine bikes

B.I.K.E.S. Meeting Minutes — Thursday January 8, 2009 6:00pm

Members attending: Bill Weber, Tim Wise, Warren Bare, Mike Dahlstrom, Mary Andrews, Debby Grant, Bill Lutterloh, Doug Andrews, Will McMahon, Brent and Linda Hunter, Steve Hudspeth.....

President Bill Weber opened the meeting:

Old Business:

- Tim Wise is working on the McClinchy entry form.
- Treasurer's Report; fiscal solvency of the club - at least 2 yrs McClinchy expenses are available in the event of weather reduced attendance.
- Jersey Bin for ride share and people who ride to the start. A jersey bin is a plastic storage mini bag for items to be kept dry while riding.
- A \$5.00 discount on all McClinchy entries received via mail by March 13, also applies at EXPO, March 14 and 15.

New Business:

- Everett Streetscape meeting, scheduled for January 14 - 8:30 AM will discuss Everett city street development plans. Meeting is at 3002 Wetmore, City Council quarters. Plans include deciding on through bicycle streets, such as California for East/West, and Hoyt for North/South. All who can attend are encouraged.
- Will McMahon presentation of his ride from Everett to North Carolina. Eighty nine days, 4,000 miles. A great adventure by a long time BIKES Club member.
- Meeting adjourned at 8:30.

YOU CAN MAKE A DIFFERENCE

That was the theme of the presentation to the Edmonds Bicycle Group January 21st by Kristin Kinnamon, president of the Bicycle Alliance, and Bicycle Alliance staff member Louise McGrody on ideas for improving community awareness of cycling issues and a review of what BAW is doing in Olympia this session to make bicycling safer. Some of the issues that already have bill numbers are-

Traffic Actuated Signals

House number 1403 - <http://apps.leg.wa.gov/billinfo/summary.aspx?bill=1403&year=2009>

Senate number 5387 - <http://apps.leg.wa.gov/billinfo/summary.aspx?bill=5387&year=2009>

3-Foot Passing:

House number 1491 - <http://apps.leg.wa.gov/billinfo/summary.aspx?bill=1491&year=2009>

Senate number 5335 - <http://apps.leg.wa.gov/billinfo/summary.aspx?bill=5335&year=2009>

By the time you read this, other legislation summarized in the January Chainwheel Chatter may have bill numbers and you can enter key words at this site: <http://apps.leg.wa.gov/billinfo/search.aspx?term=Global+Warming&year=2009> BIKES website will have updated info as well.

It is easy to check if sponsors or cosponsors are from your district and email your support or find your representatives here - <http://apps.leg.wa.gov/DistrictFinder/Default.aspx> And if they are on a relevant committee such as transportation, schools or, [Environmental Health](#)) urge their support.

It is also easy to sign on to the RSS feed on each bill so you know when it is updated.

B.I.K.E.S. Club
P.O. BOX 5242
Everett, WA 98206

Stamp
Goes Here

New Members & Renewals

New Members

Mary Wysocki

Granite Falls

Renewals:

Brent & Linda Hunter

Edmonds

Debbie Kawamoto

Everett

John Laggart

Marysville

Mill Morrison

Lynnwood

Wendell Hultman

Mukilteo

Bill Lutterloh

Snohomish

Tim Wise

Lynnwood

Address

Is it time to renew? →

Chainwheel Chatter February 2009

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind your bicycle. Cost - **FREE** with a \$25.00 refundable deposit. Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer

Want to be notified when a ride or cancellation is added to the Ride Changes Page?

Send me an email webmaster@bikesclub.org if you would like to receive an email when an update is posted on the Ride Changes page.

NEWSLETTER SUBMITTAL

Please submit all material for the
March newsletter by **February 20**:

E-mail Warren Bare at
editor@bikesclub.org

Thanks!



B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

Membership \$15 Annual (INDIVIDUAL)

DUES \$20 Annually (FAMILY)

Member benefits: 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.