# Chainwheel Chatter

The Monthly newsletter of **B.I.K.E.S.** Club of Snohomish County

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# **Your Snohomish County Cycling Club**

Next B.I.K.E.S. Club meeting on May 12th @ 6:00 pm

Prez Sez...

# May is Bike Everywhere Month

Bike to Work Month is now Bike Everywhere! That means even you retirees and us work-from-homers can participate. 40% of all trips in the U.S. are less than two miles, making bicycling a feasible and fun way to get around.

The Washington Bikes Bike Everywhere Challenge is an annual fun, free online trip-tracking contest to encourage people to bike more often. Ride solo or form a team of coworkers or friends to ride as much as possible during the month of May. Trips to the grocery store, the bus stop – anything over .1 miles counts (yes, that is 1/10 of a mile).

The challenge is most fun if you form a team. **Who will captain a BIKES Club team?** However you sign up, look for a Snohomish County "league" to compete with – because otherwise it's easy to get lost in the huge numbers of people racking up miles in King County.

All participants are eligible for a free souvenir water bottle and prizes, and team captains get a free T-shirt.

Of course, my favorite day of the year is National Bike to Work Day, Friday, May 20. Celebrations Stations around the region will hand out snacks and goodies, usually from 6 to 9 a.m. We'll have BIKES Club volunteers helping to greet riders at Celebration Stations in Lynnwood and Everett. There are also stations near Everett Boeing and off Beverly Park Road.

Find more information about Bike Everywhere Month festivities at <a href="www.cascade.org/BikeEverywhere">www.cascade.org/BikeEverywhere</a>.

Find club members around town at the following events. Hopefully, you'll get there by bike!

May 1-31 Bike Everywhere Challenge

May 4 Bike to School Day

May 7 Skagit Classic and Camano Climb events

May 12 BIKES Club Pizza & Meeting

May 14-15 BIKES Yakima Wine Tour

May 18 Green Drinks at Sharing Wheels

May 19 Snohomish Farmers Market with BIKES

May 19 Centennial Trail Coalition general meeting

May 20 Bike Everywhere Day at Everett Station, Lynnwood Transit Center, etc

May 20-22 BIKES Yakima Hub Tour

#### May 12 meeting: Celebrate Bike Month with pizza & prizes

Plan to join us Thursday, May 12 for a special club social to celebrate Bike Month. The club will host members for pizza, salad and non-alcoholic beverages from our favorite Brooklyn Brothers Pizza. Gather there starting at 6 p.m. for dinner, with some fun club door prizes, an overview of upcoming bike tours, events, and volunteer opportunities, and a little business starting at 7 p.m. - all at 1919 Hewitt in Everett. This is our last meeting before the summer break, so don't miss it.

#### Gently-used kids bikes needed!

If you have some unused kids bikes in your garage - or would like to help your neighbors or in-laws empty their garages, please bring bikes to Sharing Wheels during open hours on Tuesday, Wednesday or Thursday. Decent bikes with 20 and 24-inch wheels are always in demand.

The Kids Bike Swap date is Sunday, June 12. Kids get to bring in a bike that is too small, and trade it for a bigger bike.

## Fix kids bikes every Tuesday

There are regular kids bike repair parties from 4 to 9 p.m. every Tuesday at Sharing Wheels. Club members and anyone else willing to get greasy is welcome to attend. No mechanical experience necessary. Drop in for an hour or two. Sharing Wheels Community Bike Shop is located at 2531 Broadway in Everett, with the entrance at the back of the building (north of QFC).

Work party dates: 6-9 p.m. Tuesday March 29, April 12, April 26, May 10, May 24, June 7.

Kristin Kinnamon

MAY 2016 Vol. 440

## RIDE GUIDE

#### PACE

Easyunder 10 mphSocial10-12 mphSteady12-14 mphModerate14-16 mphBrisk16-18 mphStrenuous> 18 mph

#### **TERRAIN**

"A" Mostly flat: Flat or gentle grades only (trails,

Norman Rd)

"B" Rolling: Most climbs

are short and easy
(Granite Falls, Kitsap)
"C" Hills: Frequent
steeper and/or longer hills
(Whidbey Island)

"D" Difficult: Many hills, long, steep grades (RAMROD, mt. pass)
Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.

# Pedal Pushers

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. Lynnwood Senior Center Wednesdays. See the Rides calendar for details.

# NEWS YOU CAN USE!!

# Help lead B.I.K.E.S. into the future!

Per our bylaws, the May meeting includes the election of the club officers who make up our board for the coming year. Will this be the year YOU will step up and help make BIKES a fun and effective force for bicycling in Snohomish County? Volunteering also builds job skills and personal confidence.

Like every organization, we need new blood. Consider volunteering for an easier position on the board (such as VP or secretary) to prepare for additional leadership opportunities in the future.

Our current treasurer and president have agreed to continue to serve, however all positions will be open for nominations and election in May:

**President:** Runs meetings, represents the club in the community, works with members and board to guide policy and direction of club, communicates with members, oversees or delegates event planning. 6-8 hours per month.

**Vice president:** Helps coordinate events and activities; performs duties of president in her absence; responsible for planning programs (speakers, slideshows, topics) for general meetings. 3-5 hours per month.

**Secretary:** Shall attend and keep the minutes of all business meetings; shall perform other administrative duties as needed, such as letter writing or possibly assisting with website. 3-5 hours per month.

Treasurer: Maintains club financial records, pays bills, coordinates club insurance coverage, manages membership, reports out to club monthly. 6-8 hours per month.

# Pedal Pushers Has Begun!

BIKES Club partners with the Lynnwood Senior Center to host a series of rides each spring and summer targeted at people 62+, but open to all club members.

Join club ride leaders on Wednesdays for 15-25 mile Pedal Pushers rides. We ride on trails, on-street bike lanes and low-traffic roads to bakeries, parks and community centers. Helmets are required on all rides.

Trips are free for BIKES Club and Senior Center Members; \$5 non-members. Most rides begin at 10 am. All rides through July are already listed on the club Rides calendar.

# Centennial Trail Coalition Meeting

General Meeting of the Centennial Trail Coalition is 6:30 p.m. Thursday, May 19, at Christ the King Community Church, 21108 67th Ave NE, Arlington, WA. The public is welcome. Hear updates on the Centennial, Whitehorse and Eastside trails.

# Celebrate Bike Month at Sharing Wheels

Raise a toast to the planet without toasting the planet, by riding your bicycle to the May 18 Everett Green Drinks happy hour at Sharing Wheels Community Bike Shop.

<u>Green Drinks</u> is a monthly gathering of environmentally-minded folks. Celebrate National Bike Month by enjoying fresh food and local root beer in our community's nonprofit bike shop.

5 to 7 pm on Wednesday, May 18th. 2531 Broadway Ave., Everett, WA. Entrance and parking at the back of the location.

# Bend Weekend Tour New Date!

A quick note that the Bend Weekend Tour has a new date on September 15-20th. Mary Jo Gerst is the ride leader and can be reached at <a href="MARYJ01532@HOTMAIL.COM">MARYJ01532@HOTMAIL.COM</a> if you would like to receive a route sheet.

# May Rides: Weekends, Pedal Pushers & Weekdays

## **WEEKEND RIDES**

## Saturday May 7<sup>th</sup> - B.I.K.E.S. Club does the Skagit Spring Classic

Let's meet at Bayview Elementary School in Burlington at 9 am for this fun event. Choose from 45, 65 or 100 mile routes, all paces. Some of the best rest stops around include homemade cookies. Also, an all you can eat spaghetti feed is at the end! This is a paid event that supports our neighbors to the north, Skagit Bicycle Club. Please go to <a href="http://www.skagitspringclassic.org">http://www.skagitspringclassic.org</a> for event details and registration information. Keep an eye on Ride Updates for ride leaders who may post more information. Steady rain cancels this ride, occasional sprinkles are still a "go". Contact Allyson Welsh, 206 356-8134.

## Saturday May 14th - Lake Washington Loop Ride

Meet at Log Boom Park for a 9:00 AM start. Loop ride clockwise around Lake Washington. Coffee, lunch, and rest stops expected. 50 miles, moderate pace (14 – 16 mph), A/B/C terrain with 2,000 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Ride Updates page or call/text if in doubt.

## Sunday, May 15<sup>th</sup> - Barlow Pass

Meet 9:30 am at Granite Falls School Dist. parking lot on Alder Ave. Take Hwy 92 to Granite Falls onto Stanley St continue to the T, turn left onto Alder, the lot is on the right. Bring your own lunch or buy a sandwich at the Granite Market just to the North of Stanley on Granite Ave.

Ride Starts at 10:00. It's a 61 mile out and back on the scenic Mountain Loop Hwy going to the end of the paved road to the trail head to Monte Cristo. It's 50 miles if stopping at the Big Four Mountain picnic area. For a shorter ride yet, start riding at the Verlot Service Station 10 miles from Granite Fall. Also, the Service station with restrooms is the only water source. The road follows the South Fork of the Stillaguamish River through the Hamlets of Robe and Silverton, shoulders are limited, single file is recommended. Martha Hines is leading a low moderate pace group and Bob Nyberg will lead at a brisk pace. Riders are welcome ride at their own pace too. Cue sheet not provided - No Turns. A to C Terrain with about 2900' elevation gain if doing the complete ride. Bob Nyberg 206 795 1363.

# Saturday May 21<sup>st</sup> - Giro di Sentieri (social pace)

Meet at McCollum Park west parking lot for a 10am start. Loop ride including sections of the Interurban, Burke-Gilman, Sammamish River, and North Creek trails and interconnecting streets. Coffee, lunch, and rest stops expected. 34 miles, social pace (10 – 12 mph), A & B terrain with 1,600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Rides Updates page or call/text if in doubt.

#### Saturday, May 28th—Lake Balinger to Snohomish & Return

Meet at Lake Ballinger Park in Mountlake Terrace for a 9:30am start. We'll ride the Interurban Trail to Everett then out to Snohomish along the river, returning on Riverview Road. 50 miles RT, Steady pace, A-B terrain. For shorter distances meet at Alderwood Mall (behind Kohl's) for 40 miles or McCollum Park for 30 miles. Let ride leader know if you plan to add on along the route. Ride leader Debby Grant, <a href="debby@jaygrant.com">debby@jaygrant.com</a> or 206 353-0249.

#### PEDAL PUSHERS

## Wednesday, May 4—Silver Lake to Everett & Return

Meet at Thornton A Sullivan Park (Silver Lake) for a 10:30am start. We'll ride the Interurban Trail to Everett and take side streets to Kiwanis Park in North Everett for lunch. Bring a sack lunch. 13 miles RT, Social pace, mostly A terrain. Ride leader Clarence Elstad, 425-514-3446 or <a href="mailto:celstad@gmail.com">celstad@gmail.com</a>. Rain cancels.

## Wednesday, May 11—Echo Lake to Green Lake & Return

Meet at Echo Lake Park for a 10am start. We'll ride to Green Lake on the Interurban trail & low-traffic streets. RT 17 miles, Social pace, mostly A terrain. Bring money or food for a snack break near Green Lake. Ride leader Mary Jo Gerst, (206) 546-0645 or <a href="mailto:mar-yio1532@hotmail.com">mar-yio1532@hotmail.com</a>.

## Wednesday, May 18—Ride the Centennial Trail North from Snohomish

Meet at the Centennial Trail at Maple and Pine in Snohomish for a 10am start. Bring food for a snack break along the way. You pick your trail destination and distance and turn around when you want: *Mt. Pilchuck – RT 2 miles; Machias – RT 8.5 miles; Lake Stevens – RT 12.2 miles; Hwy 92 – RT 14.2 miles; Lake Cassidy – RT 21.5 miles*. Restrooms available at above turn around points. Social pace, A terrain. Ride leader Bette-Ann Shroyer, 206 300-7825. Poor weather or forecast cancels.

## Wednesday, May 25—Conway to Mount Vernon via Fir Island

Meet at the ball field parking lot next to the fire station in Conway for a 10am start. This is all paved road with little elevation gain and low traffic volumes. We'll ride from Conway to Mt Vernon via Fir Island along the west side of the Skagit River; return on the east side. 21 miles RT, Social pace, Mostly A terrain with a little B. Ride leader Nancy Graham, <a href="mailto:nancycycles@gmail.com">nancycycles@gmail.com</a> or (425) 493-1952.

#### **WEEKDAY RIDES**

# May 2<sup>nd</sup>, 6<sup>th</sup>, 9<sup>th</sup>, 13<sup>th</sup> - Jack's Pre-Summer Rides for NorthEnd Urban Bikers

Meet at Lynnwood Performance Bicycle Store 10am. We leave promptly. Rides are mostly on Interurban Trail connectors to Shoreline, Edmonds, Mountlake Terrace, Lynnwood, Everett, Mukilteo and Mill Creek. Restroom at start and end of ride. Optional stop before end of ride by Lynnwood Crossroads at Yogurtland. 15 to 25 miles, STEADY pace, A,B and C terrain. Ride leader Jack Willis 425 478-0429. Steady showers cancel. This is a combined CBC and BIKES club coordinated ride. Please arrive no later than 9:45am for quick safety and route briefing.

# Tuesdays May 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> - PreRide to the Noon Ride (2 pace groups)

Meet at Silver Lake Bicycle Centre for a 10:30am start, routes will vary. These loop rides are set up to return riders for the start of the Silver Lake Noon Rides. Food stop follows the Noon ride. Distance 10 – 15 mile loops, A/B terrain, moderate pace group (14 – 16 mph) and social pace group (10 – 12 mph) both with regroups. Ice, snow or steady rain cancels. Ride leaders Dan Scott 425-355-4510, Rick Proctor 425-293-3153 and Cindy Proctor 425-293-3152. Check the Ride Updates page or text/call if in doubt.

# Tuesdays May 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> - Tuesday Noon Ride (2 pace groups)

Join BIKES for a short Silver Lake and Mill Creek loop. Meet at Silver Lake Bicycle Centre for a 12pm (noon) start. Social pace group (10 – 12 mph), 10 miles, A terrain with just a few short climbs (like less than one block each). Moderate pace group (14 – 16 mph) 13 – 15 miles, A/B terrain. Optional lunch and/or coffee after the ride. Ride leaders Rick Proctor 425-293-3153 and Cindy Proctor 425-293-3152. Ice, snow, or steady rain cancels. Check the Rides Updates page or call/text if in doubt.

#### Wednesdays May 4, 25 - Lake Forest Park to Marymoor

Meet at Pfingst Animal Acres Park in Lake Forest Park for a 1:30 start. Ride the trail to the park and back with a stop for a snack. Distance is 35 miles, flat terrain, and moderate pace. Showers cancel. Ride leader Mary Jo: 206-331-9025 day of ride.

#### Thursdays May 5th, 19th - Giro di Sentieri

Meet at McCollum Park west parking lot for a 10am start. Loop ride including sections of the Interurban, Burke-Gilman, Sammamish River, and North Creek trails and interconnecting streets. Coffee, lunch, and rest stops expected. 34 miles, moderate pace (14 – 16 mph), A & B terrain with 1,600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Rides Updates page or call/text if in doubt.

# Thursdays May 12th, 26th - McCollum - Mukilteo - Everett Loop

Meet at McCollum Park west parking lot for a 10am start. Loop ride through Harbour Point, Mukilteo, and Everett. Coffee / lunch along the Everett waterfront. 37 miles, moderate pace (14 – 16 mph), A & B terrain with 2,200 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt.

Name			i
Address			<b>:</b>
City	State	Zip	
Telephone (	_)Email		We're on the web a
Membership	\$20 Annual (INDIVIDUAL)	New Member	www.bikesclub.org
DUES	\$25 Annually (FAMILY)	Renewal	www.binesolab.erg

# Weekends & Tours 2016

The following list of tours is tentative - organizers need to hear from you that you are interested, or a tour may be canceled. Many tours require advanced planning and reservations. Riders cover their own costs for food and lodging, and share transportation costs if applicable (for SAG or carpools).

Tours are for members of B.I.K.E.S. Club of Snohomish County - we welcome you to join the club! Then, make sure your membership stays up to date!

#### May Bike Tours

#### Yakima Wine Weekend

Dates: May 14, 15

Leaders: Jack McClincy, Janell Reich Style: hub & spoke, camp or motel

Join Jack and Janell for their annual weekend of cycling and wine tasting.

**Sat:** Winery tour on bike; Steady pace, 30-35 miles. A-B terrain. Route TBD. Restaurant lunch. **Sun:** Sportsman State Park out and back to Naches. Steady pace, 30 miles. Picnic lunch.

Lodging: Camping at Yakima Sportsman State Park (reserve early) or choose nearby motel or hotel lodging.

Ride Leader: Jack McClincy. Email or call for details ilmcclincy@msn.com or 360-435-5978

#### Yakima Hub & Spoke

Dates: May 20, 21, 22 Leaders: Mary Jo Gerst Style: ride various loops, motel

Come and bike in Yakima where the sun is shining and the apples trees are blooming

Fri - Trail ride 28 miles

**Sat** – Tieton Loop, mostly flat with a few moderate hills. 40 miles **Sun** – Cottonwood Loop, mostly flat with one short hill. 40 miles Rides are steady pace with stops to enjoy the area scenery.

Ride Leader: Mary Jo Email ride leader for cue sheets and start locations maryjo1532@hotmail.com

#### **June Bike Tours**

June GAPCO (Greater Allegheny Passage, C & O canal trail)

Dates: June 3-14

Leaders: Mary Jo Gerst, Clarence Elstad

Style: Inn to Inn, rented bikes

Spend the weekend riding the trails around Pittsburg. Then ride car free from Pittsburgh to DC on an abandoned railroad bed and then along the C&O Canal Towpath. Enjoy historic towns, parks, tunnels and awesome scenery on this spectacular tour.

Lodging will be in motels and inns along the trail.

Contact tour leader Mary Jo at <a href="maryjo1532@hotmail.com">maryjo1532@hotmail.com</a>

Meeting at 1:30, Sunday Jan. 31 at Mary Jo's house if interested in going on the Pittsburgh to DC tour in June.

#### **Port Townsend Tour**

Dates: June 8-10 W – F Leaders: Dan & Elaine Scott Style: credit card touring, motel Tour preparation pre-meeting t.b.a.

Credit card tour, motel, no cooking, no SAG. You don't have to haul much for this tour, but you will want to be able to carry some clothing and lunch/snacks. Of course you need to have a spare tube, etc like on any ride.

**Wed:** Meet at the ferry terminal in Mukilteo, board ferry for Clinton on Whidbey Island. Pedal ~30 miles on mostly quiet roads with hills to the Coupeville ferry terminal (formerly Keystone). We will regroup several times along the way, including a lunch/snack stop at S. Whidbey S.P. At Coupeville we will board the ferry for Port Townsend. Upon arrival check in to the hotel of your choice-we will provide some suggestions. Meet for happy hour and dinner.

Thurs: Optional bike ride on local roads, or explore the Victorian town and area. Check out the shops, wooden boats, the harbor, historic Fort Townsend, and the bike trail which borders the boat yard and gently climbs along the hill. Lots to do and eat :-) Fri: Basically day 1 in reverse; ferry back to Whidbey Island, pedal ~30 miles back to Clinton (a couple of route changes from the first day), ferry back to Mukilteo.

For more information contact ride leaders Dan & Elaine Scott. Scott.dan.l@frontier.com.

# Weekends & Tours 2016 (cont.)

## June Bike Tours (cont.)

**Olympic Discovery Trail** 

Dates: June 17 – 19 (main ride on the 18th)

Leaders: Bob & Viv Biesiedzinski Style: hub & spoke, camp/motel

The ride starts at the Sequim Bay State Park, campsite #20 (Bob & Viv's) at 9:30 am and travels west through the town of Sequim and then through lavender fields as we make our way to the Straights of Juan De Fuca and the town of Port Angeles. The trail is primarily "A" terrain, with a few spots that are "B-C". We ride at a steady pace with stops to regroup, and refresh, along the way. Plan for a 60+ mile round trip. Pack a picnic lunch as we will stop along the Straights for a picnic! There will be a "potluck" dinner at our campsite on Saturday evening after the ride. For more information and to R.S.V.P. contact Bob Biesiedzinski at 206-595-3822 or <a href="mailto:bobbez@gmail.com">bobbez@gmail.com</a>. There are still campsites available in the Sequim Bay State Park. Go to <a href="mailto:washing-ton.goingtocamp.com/SequimBayStatePark">washing-ton.goingtocamp.com/SequimBayStatePark</a> to make reservations.

### **July Bike Tours**

Currently there are no tours planned for July!



#### **August Bike Tours**

#### **Eugene Weekend**

Dates: August 18-23 Leaders: Mary Jo Gerst

Style: hub & spoke, various loops/hotel

Bike on the many bike friendly roads around Eugene and ride on the Covered Bridges Scenic Bikeway.

**Thu** – Meet in Eugene for an evening walk/ride along the river.

Fri - Bike around Eugene 40-45 miles

Sat – Bike the Covered Bridges Scenic Bikeway from Cottage Grove 36 miles

Sun - Bike around Eugene 40-45 miles

Mon – Return with an optional stop in Vancouver for a 25 mile trail ride.

## **September Bike Tours**

#### **Kettle Valley Rail Trails explorer**

Dates: September 2-5 Leaders: Clarence Elstad

Style: hub & spoke, rail trails and more, gravel

Just south of Kelowna, BC is **Myra Canyon**, a lovingly restored section of the Kettle Valley Railway Trail. It weighs in at 12 miles (24 km) round trip, but there are no steep climbs or hairball single tracks – just some fun, casual riding. What makes the Myra Canyon section special are the 18 trestles and two tunnels you'll pass over and through. The trail is compact gravel so a mountain or cross bike is recommended.

We will be doing hotels/motels/Airbnb/VRBO/camping - whatever works for you. You will be responsible for making your own lodging arrangements.

**Fri**- Drive to Kelowna, BC, about 310 mile drive **Sat**- Ride the Myra Canyon Trail, about 12 miles

**Sun** - Ride the trails around Kelowna **Mon** - Return to the Seattle area

Contact Clarence Elstad at: 425-514-3446 or <a href="mailto:celstad@gmail.com">celstad@gmail.com</a> for additional information.

#### **Birch Bay Weekend**

Dates: September 10,11

Leaders: Jack McClincy, Janell Reich Style: hub & spoke, camping/motel

# Weekends & Tours 2016 (cont.)

## September Bike Tours (cont.)

#### **Bend Weekend**

Dates: September 15-20 Leaders: Mary Jo Gerst

Style: hub & spoke, various loops/hotel

Thu – Drive to Bend

Fri - Bike around Bend 40 miles

Sat – Twin Bridges ride. Lunch in Tumalo. 40 miles

Sun - Madras Scenic Bikeway ride. 40 miles

Mon - Bike around Bend. 40 miles

**Tues** – Stop for a bike ride in Vancouver on the way home Rides are steady pace with stops to enjoy the area scenery.

Ride Leader: Mary Jo Email ride leader for cue sheets maryjo1532@hotmail.com

#### Portland-Pasco

Dates: late September Leaders: Rick Proctor

Style: self-contained camping, motels. Uses Amtrak connections to & from Everett

#### **Everett - Portland - Pasco - Everett Tour**

Experience the Columbia Gorge on your bicycle.

8 days in September 2016, specific dates and details negotiable.

Reservations have not been made yet.

This is a multi-mode tour using your bike and trains. Carry your

gear on your bike for a mix of motels and camping, using restaurants when

available. A - B terrain at a steady pace on mostly paved surfaces.

Day 1: Meet at the Everett Station. Using the roll-on bike feature,

take the Amtrak train to Portland, OR. Bike 17 miles to a motel in

Troutdale, OR.

Day 2: Bike 45 miles on the OR side of Columbia River to camp at

Viento State Park, OR.

**Day 3:** Bike 41 miles on the OR side of Columbia River to camp to a motel in The Dalles, OR.

**Day 4:** Bike 22 miles mostly on the OR side of Columbia River to camp at Maryhill State Park, WA.

Day 5: Bike 55 miles on the WA side of Columbia River to camp at Crow Butte Park, WA.

**Day 6:** Bike 32 miles mostly on the WA side of the Columbia River to a motel in McNary, OR.

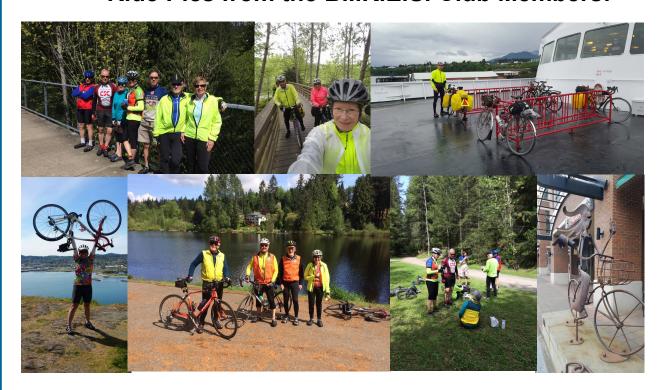
Day 7: Bike 44 miles mostly in WA to a motel in Pasco, WA.

**Day 8:** Bike 3 miles or so to Pasco, WA Amtrak Station, take train back to Everett Station. Unknown at this time if bike roll-on service will

be available in Pasco. If not, bike boxes will be required for bike transport on the train.

For further information, contact ride leader Rick Proctor <a href="mailto:BikeHound@comcast.net">BikeHound@comcast.net</a>.

# Ride Pics from the B.I.K.E.S. Club Members!



Here are a few more upcoming events (other people's) we wanted to share!

Camano Climb – May 7 http://www.arlingtonvelosport.com/

Skagit Classic - May 7 http://www.skagitspringclassic.org/



## Facebook!

Club members -- join <u>BIKES' Facebook group</u>. We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



Check the Road Condition Before You Go!

Snohomish County Roads Central Updates

WSDOT Weekly Snohomish County Roads Weekly Update

# **Club Rider Miles**

Bob	Nyberg	1122
Rick	Proctor	1105
Dan	Scott	723
Pier	Fiorentini	584
Debbie	Kawamoto	559
Bill	Paul	529
Robert	Pahlman	452
Cindi	Proctor	403
Cheryl	Funkhouser	390
Steve	Linari	368
Jack	Willis	333
Raquel	Haunreiter	285
Marcia	Stedman	282
Elaine	Scott	249
Fred	Koch	244
Rick	Poffenroth	207
Allyson	Welsh	193
Mitch	Pico	186
Mark	Olson	164
Bette-Ann	Shroyer	158
Mason	Rutledge	156
Dan	Richetto	147
Bob	Biesiedzinski	124
Vivian	Biesiedzinski	124
Bill	Lutterloh	118
Bill	Weber	110
Nancy	Graham	106
Kala	Koch	104
Jan	Johnson	92
Sean	Wilson	92
Debby	Grant	85
Kristin	Kinnamon	82
Gery	Osowiecki	79

Kurt	Haunreiter	75
Dorothy	Lindstrom	74
Linda	Hunter	71
Mike	Dahlstrom	68
Bob	Palm	67
Warren	Bare	60
Brent	Hunter	58
Jack	Turner	58
Jim	Gillan	57
Marietta	Zander	51
John	Carlin	48
Kathy	Riddle	48
John	Reno	41
Jim	Brandly	39
Tim	Wise	38
Judy	Lang	36
Libby	Krochalis	35
MJ	Gerst	35
Frosene	Saco	35
Joanne	Kennedy	34
Larry	Kennedy	34
Tom	Weber	34
Clarence	Elstad	27
Chris	Clougherty	26
Juanita	Pias	25
Pete	Pias	25
Brenda	Ferguson	22
Michele	Wolski	22
Tom	Crisp	22
Kristi	Knodell	16
Eva	Clougherty	12
Tone	Hutton	12



# **Looking for more Ride Leaders!**

Are you interested in leading a club ride but don't know how to begin? Check out the Ride Leader Guide at

<u>http://www.bikesclub.org/Ride-Leader-Guide</u>. This page has all the info you might be looking for!

Contact our ride coordinator at <a href="mailto:leadaride@bikesclub.org">leadaride@bikesclub.org</a> to get your ride on the calendar!