

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

**JULY 2016**  
**VOL. 442**

[Next B.I.K.E.S. Club meeting on Sept. 8th @ 7:00 pm](#)

## Prez Sez...

### RAPSody Returns

I recently added a weekend tour listing to the club website: RAPSody 2016!. For those of you who are newer to the club or the area, BIKES was one of five "sister" clubs that hosted the Ride Around Puget Sound (RAPSody) from 2004 to 2013. It was a fundraiser for statewide bike advocacy (the then-Bicycle Alliance of Washington), a lot of fun, and a lot of work.

The Tacoma Wheelmen are reviving the ride with a "no-host" version Aug. 20-21. It's the same weekend as Mary Jo's Eugene, Ore. tour that includes the Covered Bridges Scenic Bikeway, so you've got some tough choices. (Also upcoming on the [tour calendar](#): September tours to Kettle Valley, B.C., Birch Bay, Wash.;, Portland-Pasco, Wash.; and Bend, Ore.)

But back to our own, beautiful Puget Sound. As one of the main organizers of RAPSody for its 10 years, I never got to ride the route just for fun. So I am anxious to have a BIKES Club contingent. We can carpool to the start in Tacoma, share motel rooms in Shelton, and have a great time riding the hills and enjoying the waterfront and mountain scenery of our region.

The loop route out of Tacoma is about 165 miles total, with lots of (mostly) short climbs that add up to about 10,000 feet of elevation gain. The route is mostly on nice backroads, plus about 30 miles of paved trails.

See more details on this summer's RAPSody from [Tacoma Wheelmen](#). If you are interested in being part of the BIKES contingent, contact me.

**Don't forget the club picnic on Aug. 13.** We'll need people to plan some rides that day, and if you are planning on being at the picnic, RSVP to Elaine Scott at [NWestr@frontier.com](mailto:NWestr@frontier.com) or call 425-355-4510.

Kristin



### Pittsburg to DC in 335 Miles

On June 6, BIKES members Clarence Elstad, Mary Jo Gerst, Bobbie Laue, Ken Winkenweder, Jean Henderson, and Libby and Rick Krochalis rode out of Pittsburgh on their bikes bound for Washington, DC. We started on the GAP trail which was built on abandoned rail lines and goes through tunnels, over viaducts and trestles and terminates in Cumberland, WV. The first 2 days we had the pleasure of being serenaded by the "17 year" cicadas. Along the way we crossed the Eastern Continental Divide and the Mason Dixon line. After reaching Cumberland we continued on the C&O Towpath. The Towpath follows the abandoned C&O Canal with its 74 locks, hand built stone arched aqueducts and amazingly long tunnels. We visited the town of Harpers Ferry, Fort Frederick and took White's Ferry to spend the night in Leesburg. After visiting many historic small towns, eating lots of good food, enjoying the great weather and meeting some interesting local people we arrived in Georgetown Tuesday, June 14.

Mary Jo Gerst - Special to the Chainwheel Chatter

## RIDE GUIDE

### PACE

<b>Easy</b>	under 10 mph
<b>Social</b>	10-12 mph
<b>Steady</b>	12-14 mph
<b>Moderate</b>	14-16 mph
<b>Brisk</b>	16-18 mph
<b>Strenuous</b>	> 18 mph

### TERRAIN

**"A" Mostly flat:** Flat or gentle grades only (trails, Norman Rd)

**"B" Rolling:** Most climbs are short and easy (Granite Falls, Kitsap)

**"C" Hills:** Frequent steeper and/or longer hills (Whidbey Island)

**"D" Difficult:** Many hills, long, steep grades (RAMROD, mt. pass)

*Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.*

### Pedal Pushers

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. **Lynnwood Senior Center** Wednesdays. See the [Rides calendar](#) for details.

## NEWS YOU CAN USE!!

### B.I.K.E.S. CLUB ANNUAL PICNIC—SUNDAY, AUGUST 13

This year our BIKES annual picnic will be on Sunday, August 13 at Hauge Homestead City Park. Hauge Homestead is on Silver Lake next to Emory's restaurant in south Everett. We have reserved the covered shelter for the day. BIKES will be providing burgers, hot dogs, veggie burgers, buns, condiments and beverages (no alcohol allowed) as well as plates, cups and silverware.

Please email Elaine Scott at [NWestr@frontier.com](mailto:NWestr@frontier.com) or call 425-355-4510 to RSVP before Friday, August 7th so an accurate count of attendees can be done. It would be helpful if Elaine knows your beverage choice as well along with your preference for a veggie burger.

There is a dock for small boats at Hauge Homestead. There are a lot of waterfowl in this area so it might not be suitable for swimming.

We usually have two different paced rides before the picnic which will return be 1:00 pm in time for the picnic. Bring a lawn chair and a dish to share. Elaine will bring her famous brownies! We have the shelter all day so there will not be a need to rush away. Parking is somewhat limited. DO NOT PARK at Emory's. Carpooling or arriving by bike is cool.

### SUMMER = CONSTRUCTION SEASON

It's that time of year when road construction escalates to go along with the longer hours of daylight and the improving weather conditions. This often leads to a direct impact on many of our club rides and to the safety of the riders. For information about road construction visit: <http://snohomishcountywa.gov/1816/Roads-Update> . To help keep everyone safe always follow these Rules of the Road for bicyclists as presented by The League of American Bicyclists, <http://bikeleague.org/> .

#### Follow the Law

Your safety and image of bicyclists depend on you. You have the same rights and duties as drivers. Obey traffic signals and stop signs. Ride with traffic; use the rightmost lane headed in the direction you are going.

#### Be Predictable

Make your intentions clear to everyone on the road. Ride in a straight line and don't swerve between parked cars. Signal turns, and check behind you well before turning or changing lanes.

#### Be Conspicuous

Ride where people can see you and wear bright clothing. Use a front white light, red rear light and reflectors when visibility is poor. Make eye contact with others and don't ride on sidewalks.

#### Think Ahead

Anticipate what drivers, pedestrians, and other people on bikes will do next. Watch for turning vehicles and ride outside the door zone of parked cars. Look out for debris, potholes, and other road hazards. Cross railroad tracks at right angles.

#### Ride Ready

Check that your tires have sufficient air, brakes are working, chain runs smoothly, and quick release levers are closed. Carry tools and supplies that are appropriate for your ride. Wear a helmet.

# July Rides: Weekends, Pedal Pushers & Weekdays

## WEEKEND RIDES

[Saturday, July 9<sup>th</sup> - Lake Washington Loop Ride](#) - Meet at Log Boom Park for a 9:00 AM start. Loop ride clockwise around Lake Washington. Coffee, lunch, and rest stops expected. 50 miles, moderate pace (14 – 16 mph), A/B terrain with 2,000 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Ride Updates page or call/text if in doubt.

[Saturday, July 16<sup>th</sup> - McCollum – Mukilteo – Everett Loop](#) - Meet at McCollum Park west parking lot for a 10am start. Loop ride through Harbour Point, Mukilteo, and Everett. Coffee / lunch along the Everett waterfront. 37 miles, moderate pace (14 – 16 mph), A & B terrain with 2,200 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt.

[Sunday, July 24<sup>th</sup> - 10:00 am, Cycle the Wave](#) - Meet and Greet and Ride! (2 pace groups) - Meet at the Silver Lake Bicycle Center for an 18 mile "get-to-know-you" ride for Cycle the Wave for Team B.I.K.E.S. Club through South Everett down to Lowell-Larimer, stop at Lowell Park and up 41st street to the Interurban Trail and back to the bike shop.... social and steady/moderate paces. We won't drop anyone. A and B terrain, approximately 800 feet elevation gain. Come join us, even if you haven't signed up for the CTW ride, which is a women's (only) ride event happening September 18th this year! Ride leaders Cindy Proctor, 425-293-3152 and Cheryl Funkhouser, 253-732-9308. Rain showers will cancel, check ride updates if forecast looks iffy!

[Saturday, July 30<sup>th</sup> - Giro di Sentieri \(moderate pace\)](#) - Meet at McCollum Park west parking lot for a 10am start. Loop ride including sections of the Interurban, Burke-Gilman, Sammamish River, and North Creek trails and interconnecting streets. Coffee, lunch, and rest stops expected. 34 miles, moderate pace (14 – 16 mph), A & B terrain with 1,600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Rides Updates page or call/text if in doubt.

[Sunday, July 31<sup>st</sup>, 9:30 am - Mill Creek Area Steady Ride](#) - Meet at McCollum Park and Ride (near the poolside parking lot) for a 9:30 a.m. start. 24 miles, steady (probably low steady!) through east area of Pioneer Trails/Seattle Hill Road out to Willis Tucker Park and down to Cathcart Road and back up Puget Park and through central Mill Creek, stop at Tambark Park, back through the Town Center, where we will stop for a coffee/tea break at Starbucks and then continue back to McCollum Park. Terrain is rolling (B), 1200+ feet of elevation gain. Mostly quiet residential back streets. Ride leader Cindy Proctor, 425-293-3152. Rain showers will cancel, check ride updates if forecast looks iffy!

## PEDAL PUSHERS

[Wednesday, July 6 – Pedal Pushers do an Everett Urban Ride](#)—Meet at the 44th Street Interurban Trail entrance just off of Colby in Everett for a 10am start. We'll ride through downtown Everett to Spencer Island and return. RT 20 miles, Social pace, mostly flat terrain with some grades but no big hills. Bring your own lunch or buy at Sisters Restaurant on the return. Rain may cancel, check Ride Updates. Ride leader Warren Bare, 425 743-7593 or [bare.warren@gmail.com](mailto:bare.warren@gmail.com).

[Wednesday, July 13 – Pedal Pushers ride Burke Gilman Trail: Log Boom to Gas Works](#)—Meet at Log Boom Park for a 10am start. We'll ride on the Burke Gilman Trail to Gas Works Park and return. RT approximately 22 miles, A terrain on level paved path, Social pace with a food stop on Lake Union. Bring food or purchase. Rain may cancel, check Ride Updates. Ride leaders Linda and Brent Hunter, 425 771-2824 or [hunterbl4345@comcast.net](mailto:hunterbl4345@comcast.net).

[Wednesday, July 20 – Pedal Pushers Ride Carnation to Fall City and Return](#)—Meet at John MacDonald Tolt River Park in Carnation for a 10am start. We'll ride on quiet roads to Fall City where we'll take a food and rest break before retracing our route to Carnation. Bring or purchase food. About 20 miles RT, Social pace, A terrain. Rain may cancel, check Ride Updates. Ride leader Allyson Welsh, 206 356-8134 or [allysonw@outlook.com](mailto:allysonw@outlook.com)

[Wednesday, July 27 – Pedal Pushers Lavender Lemonade Ride: Blythe Park to Sammamish Landing Park](#)—Meet at Blyth Park trailhead in Bothell for a 10:30am start. We'll ride a brief bit on road then join up with the Sammamish River Trail. Bring a picnic lunch or snack. On the return we'll have a short break at the Lavender Farm for either lavender lemonade or lavender hot chocolate, or your own snack/drink. Approximately 25 miles RT, Social pace, A terrain. Rain showers cancel, check Ride Updates if weather looks iffy. Ride leader Cindy Proctor, 425 293-3152

## WEEKDAY RIDES

[Tuesdays July 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>](#): - [PreRide to the Noon Ride \(2 pace groups\)](#) - Meet at Silver Lake Bicycle Centre for a 10:30am, routes will vary. These loop rides are set up to return riders for the start of the Silver Lake Noon Rides. Food stop follows the Noon ride. Distance 10 – 15 mile loops, A/B terrain, moderate pace group (14 – 16 mph) and social pace group (10 – 12 mph) both with regroupings. Ice, snow or steady rain cancels. Ride leaders Dan Scott 425-355-4510, Rick Proctor 425-293-3153 and Cindy Proctor 425-293-3152. Check the Ride Updates page or text/call if in doubt.

[Tuesdays July 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>](#): - [Tuesday Noon Ride \(2 pace groups\)](#) - Join BIKES for a short Silver Lake and Mill Creek loop. Meet at Silver Lake Bicycle Centre for a 12pm (noon) start. Social pace group (10 – 12 mph), 10 – 12 miles, A terrain with just a few short climbs (less than one block each). Moderate pace group (14 – 16 mph) 13 – 17 miles, A/B terrain. Optional lunch and/or coffee after the ride. Ride leaders Rick Proctor 425-293-3153 and Cindy Proctor 425-293-3152. Ice, snow, or steady rain cancels. Check the Rides Updates page or call/text if in doubt.

[Wednesdays July 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>](#) – [Jack's Summer Wednesday Morning Rides](#)—Meet at 10am at Lynnwood Performance Bicycle Store in Alderwood. Please arrive by 9:45 for safety briefing and route description. A, B and C terrains, Steady 12-14 mph on flats, faster on downhills and rollers. Stay together. These loop rides range from 15 to 20 miles around Shoreline, Mountlake Terrace, Edmonds, Lynnwood and Everett. Combination of trails and urban side roads. Restroom at start and end of the ride.

[Thursday July 7<sup>th</sup> - North Seattle Parks Loop](#)—Meet at Shoreline Park & Ride (Aurora Ave N & N 192<sup>nd</sup> St) south parking lot for a 10am start. Loop ride on trails and streets near Puget Sound through Golden Gardens, Chittenden Locks, Discovery Park, Gas Works Park, UW, Ravenna Park, Green Lake, and Greenwood Park. We will walk the bikes through Chittenden Locks area (1/2 mile). We will forage for coffee / lunch along the way. 34 miles, moderate pace (14 – 16 mph), A & B terrain with 1,700 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt.

[Thursday, July 21st:- Giro di Sentieri](#)—Meet at McCollum Park west parking lot for a 10am start. Loop ride including sections of the Interurban, Burke-Gilman, Sammamish River, and North Creek trails and interconnecting streets. Coffee, lunch, and rest stops expected. 34 miles, moderate pace (14 – 16 mph), A & B terrain with 1,600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Rides Updates page or call/text if in doubt.

[Friday, July 22<sup>nd</sup> – Mountain Loop Hwy to Barlow Pass \(Moderate Pace\)](#) - Meet at Granite Falls Middle School for a 9am start. Meet up with group starting from the Verlot Ranger Station at 10am. Distance 60 miles roundtrip (50 if you stop at Big Four). Bring food and water, there is no place to buy food en route. Carpooling to either ride start is encouraged – post your willingness and start or pickup points in the Ride Updates. Or ride to the ride start J. Ride leader Kristin Kinnamon, 425 923-7868.

[Friday, July 22<sup>nd</sup> – Mountain Loop Hwy to Barlow Pass](#)—Meet at the Verlot Ranger Station for a 10am start. It's a steady gentle climb from the ranger station to the top of Barlow Pass. Or you can choose to stop at Big Four Ice Caves picnic area and shave off about 8 miles. RT 39 or 30 miles, A/B terrain on paved road. Leader will do steady pace but all paces welcome. Bring food and water, there is no place to buy food en route. Please park across from the ranger station. Ride leader Allyson Welsh, 206 356-8134 or [allysonw@outlook.com](mailto:allysonw@outlook.com). Rain probably cancels, check the Ride Updates page if in doubt.

[Thursday July 28th:- McCollum – Mukilteo – Everett Loop](#)—Meet at McCollum Park west parking lot for a 10am start. Loop ride through Harbour Point, Mukilteo, and Everett. Coffee / lunch along the Everett waterfront. 37 miles, moderate pace (14 – 16 mph), A & B terrain with 2,200 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt.

## Weekends & Tours 2016

The following list of tours is tentative - organizers need to hear from you that you are interested, or a tour may be canceled. Many tours require advanced planning and reservations. Riders cover their own costs for food and lodging, and share transportation costs if applicable (for SAG or carpools).

Tours are for members of B.I.K.E.S. Club of Snohomish County - we welcome you to [join the club!](#) Then, make sure your membership stays up to date!

### August Bike Tours

#### **Eugene Weekend**

Dates: August 18-23

Leaders: Mary Jo Gerst

Style: hub & spoke, various loops/hotel

Bike on the many bike friendly roads around Eugene and ride on the Covered Bridges Scenic Bikeway.

**Thu** – Meet in Eugene for an evening walk/ride along the river.

**Fri** - Bike around Eugene 40-45 miles

**Sat** – Bike the Covered Bridges Scenic Bikeway from Cottage Grove 36 miles

**Sun** - Bike around Eugene 40-45 miles

**Mon** – Return with an optional stop in Vancouver for a 25 mile trail ride.

### September Bike Tours

#### **Kettle Valley Rail Trails explorer**

Dates: September 2-5

Leaders: Clarence Elstad

Style: hub & spoke, rail trails and more, gravel

Just south of Kelowna, BC is **Myra Canyon**, a lovingly restored section of the Kettle Valley Railway Trail. It weighs in at 12 miles (24 km) round trip, but there are no steep climbs or hairball single tracks – just some fun, casual riding. What makes the Myra Canyon section special are the 18 trestles and two tunnels you'll pass over and through. The trail is compact gravel so a mountain or cross bike is recommended.

We will be doing hotels/motels/Airbnb/VRBO/camping - whatever works for you. You will be responsible for making your own lodging arrangements.

**Fri**- Drive to Kelowna, BC, about 310 mile drive

**Sat**- Ride the Myra Canyon Trail, about 12 miles

**Sun** - Ride the trails around Kelowna

**Mon** - Return to the Seattle area

Contact Clarence Elstad at: 425-514-3446 or [celstad@gmail.com](mailto:celstad@gmail.com) for additional information.

#### **Birch Bay Weekend** - more details to come!

Dates: September 10,11

Leaders: Jack McClincy, Janell Reich

Style: hub & spoke, camping/motel

#### **Bend Weekend**

Dates: September 15-20

Leaders: Mary Jo Gerst

Style: hub & spoke, various loops/hotel

**Thu** – Drive to Bend

**Fri** - Bike around Bend 40 miles

**Sat** – Twin Bridges ride. Lunch in Tumalo. 40 miles

**Sun** – Madras Scenic Bikeway ride. 40 miles

**Mon** – Bike around Bend. 40 miles

**Tues** – Stop for a bike ride in Vancouver on the way home

Rides are steady pace with stops to enjoy the area scenery.

**Ride Leader:** Mary Jo Email ride leader for cue sheets [maryjo1532@hotmail.com](mailto:maryjo1532@hotmail.com)

#### **Portland-Pasco** - More details to come!

Dates: late September

Leaders: Rick Proctor

Style: self-contained camping, motels. Uses Amtrak connections to & from Everett.

**Weekends & Tours 2016 (cont.)**

**September Bike Tours (cont.)**

**Everett - Portland - Pasco - Everett Tour**

Experience the Columbia Gorge on your bicycle.  
 8 days in September 2016, specific dates and details negotiable.  
 Reservations have not been made yet.

This is a multi-mode tour using your bike and trains. Carry your gear on your bike for a mix of motels and camping, using restaurants when available. A - B terrain at a steady pace on mostly paved surfaces.

**Day 1:** Meet at the Everett Station. Using the roll-on bike feature, take the Amtrak train to Portland, OR. Bike 17 miles to a motel in Troutdale, OR.

**Day 2:** Bike 45 miles on the OR side of Columbia River to camp at Viento State Park, OR.

**Day 3:** Bike 41 miles on the OR side of Columbia River to camp to a motel in The Dalles, OR.

**Day 4:** Bike 22 miles mostly on the OR side of Columbia River to camp at Maryhill State Park, WA.

**Day 5:** Bike 55 miles on the WA side of Columbia River to camp at Crow Butte Park, WA.

**Day 6:** Bike 32 miles mostly on the WA side of the Columbia River to a motel in McNary, OR.

**Day 7:** Bike 44 miles mostly in WA to a motel in Pasco, WA.

**Day 8:** Bike 3 miles or so to Pasco, WA Amtrak Station, take train back to Everett Station. Unknown at this time if bike roll-on service will be available in Pasco. If not, bike boxes will be required for bike transport on the train.

For further information, contact ride leader Rick Proctor [BikeHound@comcast.net](mailto:BikeHound@comcast.net).



**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

<b>Membership</b>	<b>\$20 Annual (INDIVIDUAL)</b>	<b>New Member</b>	<input type="checkbox"/>
<b>DUES</b>	<b>\$25 Annually (FAMILY)</b>	<b>Renewal</b>	<input type="checkbox"/>

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.



# Ride Pics from the B.I.K.E.S. Club Members!



June had many great rides! Thank you to all who posted photos of what we love to do...RIDE OUR B.I.K.E.S.!

If you would like to see your pictures in the newsletter you can send them directly to [editor@bikesclub.org](mailto:editor@bikesclub.org) or post them on the club Facebook Page!

## Facebook!

Club members -- join [BIKES' Facebook group](#). We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



[Check the Road Condition Before You Go!](#)

[Snohomish County Roads Central Updates](#)

[WSDOT Weekly Snohomish County Roads Weekly Update](#)





**Club Rider Miles**



Rick	Proctor	1825	Dennis	Larson	142	Jim	Brandly	39
Bob	Nyberg	1631	Kenneth	Tang	137	Frosene	Saco	35
Dan	Scott	1217	Thea	Benjamin	132	Tom	Weber	34
Pier	Fiorentini	1139	Tim	Wise	131	Ji	Kim	30
Debbie	Kawamoto	938	Mike	Dahlstrom	130	Will	Neill	30
Cindi	Proctor	924	Kristin	Kinnamon	127	Paul	Bahk	30
Robert	Pahlman	869	Jack	Turner	125	John	Sacco	29
Bill	Paul	852	Libby	Krochalis	117	Johnny	Kwan	29
Fred	Koch	791	Jan	Johnson	114	Tom	Barton	29
Cheryl	Funkhouser	596	Henriette	Klauser	111	Chris	Clougherty	26
Jack	Willis	578	Bill	Weber	110	Judy	Brackett	26
Marcia	Stedman	578	Clarence	Elstad	98	Steven	Hudspeth	26
Elaine	Scott	555	Matt	Petersen	96	Jim	Gillan	26
Steve	Linari	524	Sean	Wilson	92	Rick	Dermody	26
Raquel	Haukreiter	426	Dorothy	Lindstrom	90	Judy	Izutson	26
Mitch	Pico	406	Bernice	Tannenbaum	83	EllsAnn	Norman	25
Joanne	Kennedy	366	Rick	Krochalis	82	Don	Mohs	25
Larry	Kennedy	366	Alec	Kutchma	80	Tone	Hutton	24
Kala	Koch	365	Gery	Osowiecki	79	Kathy	Suterson	23
Allyson	Welsh	363	Kurt	Haukreiter	75	Michele	Wolski	22
Debby	Grant	360	Bob	Palm	67	Dennis	Larson	22
Ron	Andersen	356	Rajie	Barclay	66	Hatch	McAlister	22
Bette-Ann	Shroyer	345	Adrienne	Dorf	62	EllsAnn	Bennett	22
Bill	Lutterloh	327	Wini	Neill	62	Kathy	Johnson	22
Rick	Poffenroth	324	Bernice	Tannenbaum	62	Ellen	Spear	20
Nancy	Graham	299	Jim	Stewart	61	Tom	Rail	20
Marietta	Zander	289	Jim	Brandley	61	Sean	Collins	20
Gary	Broughton	285	Kay	Peterson	59	Karen	Berliner	20
Mark	Olson	261	Susan	Hausmann	59	Linda	Braun	18
Brenda	Ferguson	249	Bobbie	Laue	58	Kathy	Johnson	18
Judy	Lang	245	Brent	Hunter	58	Robert	Smith	17
John	Carlin	229	Tom	Crisp	58	Rick	Barclay	17
Madeline	Norman	215	Jim	Gillan	57	Linda	Brown	17
Warren	Bare	211	Jeff	Wilcox	57	Kristi	Knodell	16
Bob	Biesiedzinski	210	Rick	Dermody	56	Ji	Kim	16
Vivian	Biesiedzinski	210	Julie	Cox	53	Alan	Wales	16
Mason	Rutledge	198	Juanita	Pias	49	Pam	Hallanger	15
MJ	Gerst	169	Pete	Pias	49	Linda	Brawn	15
Kathy	Riddle	161	Dick	Nicholson	46	Eva	Clougherty	12
Dan	Richetto	147	Rena	Peterson	44	Becky	Brindle	12
Leslie	Strickland	142	Craig	Cameron	41	Jim	Gillian	12
Linda	Hunter	142	John	Reno	41	Linda	Braun	12