

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

**MAY 2017**  
**VOL. 452**

[Next B.I.K.E.S. Club meeting on May 11th @ 7:00 pm](#)

## Prez Sez

### Thanks for McClinchy

Thanks to all our club members and other volunteers who helped host a great 35<sup>th</sup> annual McClinchy Mile Bike Ride on April 30. It takes months of planning, hours of work, lots of logistics, and many unseen costs to host a quality bike event. With the help of many of you, we did it!

Here's a quick summary:

- ◆ 268 riders participated, and most of them pre-registered
- ◆ 45 volunteers helped the day of the ride
- ◆ New post-ride burgers & brews. Many people enjoyed eating and visiting with friends, and Rocket Alley made us feel welcome
- ◆ New start location at Haller Park, provided by the City of Arlington, was super nice
- ◆ Later date meant warmer weather and more spring greenery. We like it!

Many club members made special contributions to McClinchy's success – when I start listing a few people, I keep thinking of others. Let this suffice as a heartfelt thank you to volunteers both visible (our hard-working club officers and day-of volunteers) and invisible (people who helped behind the scenes before the event).

Thanks also to everyone who came and biked McClinchy - your participation makes our efforts worthwhile. We brought in almost \$14,000 – and spent a lot of that money to make the event happen. Profits will support the club and bicycling in our community.

Kristin Kinnamon



## RIDE GUIDE

### PACE

|                  |              |
|------------------|--------------|
| <b>Easy</b>      | under 10 mph |
| <b>Social</b>    | 10–12 mph    |
| <b>Steady</b>    | 12-14 mph    |
| <b>Moderate</b>  | 14-16 mph    |
| <b>Brisk</b>     | 16-18 mph    |
| <b>Strenuous</b> | > 18 mph     |

### TERRAIN

**“A” Mostly flat:** Flat or gentle grades only (trails, Norman Rd)

**“B” Rolling:** Most climbs are short and easy (Granite Falls, Kitsap)

**“C” Hills:** Frequent steeper and/or longer hills (Whidbey Island)

**“D” Difficult:** Many hills, long, steep grades (RAMROD, Mt. pass)

*Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.*

### Pedal Pushers

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. **Lynnwood Senior Center** Wednesdays. See the [Rides calendar](#) for details.

## NEWS YOU CAN USE!!

### Sharing Wheels Garage Sale May 7

Want a great deal on an old bike part, a classic bike, or set of new components so you can build your own? Come to Sharing Wheels Community Bike Shop from 10 a.m. to 4 p.m.

Sunday, May 7 for a blowout sale. You'll find:

- Bikes under \$100 – *Raleigh, Gitane, Schwinn*
- \$5 table o' parts

Bike seats, handlebars, clothing and more

Follow the shop on Facebook as we post photos and more info about the sale.

Come early for best selection – but if you come before 10, we'll put you to work!

(Volunteers are needed).

Sale will be at the shop and parking lot at 2531 Broadway Ave., Everett. Entrance is at the back.



### Fix Kids Bikes – No Experience Needed

It takes lots of love – and volunteers – to keep kids bikes rolling in our community.

Get greasy practicing your mechanic skills or simply cleaning and priming kids bikes for Sharing Wheels Community Bike Shop's 15th Annual Kids Bike Swap on June 18. No experience is needed – just bring some friends along to make it fun. (In fact, post on the [club Facebook page](#) when you'll be there, so others can join you).

There are several work parties scheduled for anyone to drop in:

- **6 to 9 p.m. Thursdays**, every week through June 15
- **10 a.m. to 1 p.m. Sundays**, May 14, May 21, May 28, June 4, June 11

You can also help anytime the shop is open, Wednesday through Sunday. [Check out the new hours](#). *All work parties are at the shop, 2531 Broadway Ave., Everett. Door and parking are in the back of the Broadway Mall building.*

### Bike Everywhere Month

May is National Bike Month. It's your chance to encourage some of your friends whose bikes never leave the garage to join you on a ride. There's a [bike challenge](#), and of course Bike to Work Day on May 19. B.I.K.E.S. Club members are participating in a least one challenge team: Sea to Sound (thanks for organizing that, Robert). It's not too late to take the challenge yourself.

On Bike to Work Day, Friday, May 19, there will be [celebration stations around the Sound](#), including local stations, most open from 6 to 9 a.m.

Everett Station – BIKES will have a table there

Lynnwood Transit Center – with Community Transit

Edmonds Ferry – co-hosted by our friends at Edmonds Bike Advisory Group

South Everett – off Beverly Park Road

Snohomish – an afternoon station? With Snohomish County Parks

Find more information about Bike Everywhere Month festivities at [www.cascade.org/BikeEverywhere](http://www.cascade.org/BikeEverywhere).

## NEWS YOU CAN USE!! (cont.)

### Support Northern Clubs, Earn a Triple Crown

The North Puget Sound Bicycle Club Alliance includes B.I.K.E.S. Club of Snohomish County, Mount Baker Bicycle Club, Skagit Bicycle Club, and Whidbey Island Bicycle Club. Our goal is to support each other's events and organizations through promotion and sharing of information and experience.

Each club hosts a major event ride and is offering a \$10 discount to fellow members. We also have a challenge: If you ride three of the four century rides offered, you will earn a coveted Triple Crown Award.

McClinchy Mile was the first event of 2017. So if you haven't ridden a century yet, better start with the Skagit Classic. Here's the complete calendar:

- ◆ Skagit Spring Classic, May 13
- ◆ Tour de Whidbey, Aug. 19
- ◆ Chuckanut Classic, Aug. 27

The Triple Crown prize includes a gift card, TBD. And bragging rights for sure.

### Skagit Spring Classic May 13

B.I.K.E.S. Club members can save \$10 off registration at the [Skagit Spring Classic](#) in Burlington. You can still sign up on [Active.com](#) (we organizers love people who sign up early) or on the day of the ride. The discount will come as a \$10 refund at registration – they'll be using a current club roster, so make sure you have renewed! The ride offers distances from 25 to 100 miles, and homemade cookies.



**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

|                   |                          |                   |                          |
|-------------------|--------------------------|-------------------|--------------------------|
| <b>Membership</b> | \$20 Annual (INDIVIDUAL) | <b>New Member</b> | <input type="checkbox"/> |
| <b>DUES</b>       | \$25 Annually (FAMILY)   | <b>Renewal</b>    | <input type="checkbox"/> |

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.

# March Rides: Weekends & Weekdays

## WEEKEND RIDES

Be sure to check the "[Ride Updates](#)" page for any added or changed weekend rides! We hope the weather will improve and we will all be able to get out and RIDE, RIDE, RIDE!

Saturday May 6<sup>th</sup>

### [Lake Washington Loop Ride](#)

Meet at Log Boom Park for a 10:00 AM start. Loop ride clockwise around Lake Washington. Coffee, lunch, and rest stops expected. 48 miles, moderate pace (14 – 16 mph), A/B terrain with 2,000 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Ride Updates page or call/text if in doubt.

Sunday May 7<sup>th</sup>

### [Mill Creek Seven Parks Loop](#)

Meet at 8:45 for a 9:00 am start at the Mill Creek Town Center Parking Garage (behind Boston Pizza) You can park in the covered parking area, two floors of parking there, or in back of the La Palmera restaurant also. 25 miles around south Everett and Mill Creek on mostly residential roads with some arterials. We will cycle by at least seven scenic parks, only stopping at Wilmot and Tambark parks for a short restroom/snack break. A and B terrain with about 900 feet of elevation gain. Low Steady pace (12-13 mph). Optional lunch at Boston Pizza restaurant after the ride. Don't forget to bring a lock for your bike! <https://ridewithgps.com/routes/20585868>

Saturday, May 13<sup>th</sup>

### [Skagit Spring Classic - Social/Low Steady Pace Group](#)

Meet at 7:00 AM at the start line at Bayview Elementary School in Burlington to ride together as a group at a high social/low steady pace. A and B terrain. Spaghetti dinner after the ride is provided by the ride organizers. Best rest stop food around, homemade cookies, and much much more! Ride goes through beautiful Skagit and south Whatcom County. See website for sign up and other details. Cost of ride is \$45.00, price goes up after May 1st I believe. <http://www.skagitspringclassic.org>

Sunday, May 21<sup>st</sup>.

### [Samish Island Ramble](#)

Meet for a 10am start at the county garage parking lot in Bayview (see map link below). We ride north along the water and head into Bow Edison – the only place to buy food. We then cycle onto Samish Island (connected by land) to the county park for a picnic break before circling the island for great water views and returning to the start. Social pace, A-B terrain, about 24 miles. Bring food or plan to buy at the start of the ride. Ride leaders Dan & Elaine Scott, [scott.dan.l@frontier.com](mailto:scott.dan.l@frontier.com) or 425-355-4510 or day of ride cell 425-501-6198. Steady rain cancels. <http://www.bikely.com/maps/bike-path/bayview-samish-is-short-route>

**WEEKDAY RIDES****Tuesdays May 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> Tuesday Moderate Ride**

Meet a few minutes early at Silver Lake Bicycle Centre for an 10 am start. Moderate pace group (14 – 16 mph) 20 or so miles, A/B terrain. Loop ride routes vary. Mid-ride break with optional lunch and/or coffee after the ride. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels. Check the Rides Updates page or call/text if in doubt.

**Tuesday Ride (Social Pace)** Meet at Bicycle Centre Silver Lake, at 9:45 for a 10:00 a.m. start. Mileage will vary between 18-22 miles, A and B terrain in the Mill Creek residential area. We will meet for lunch/coffee after the ride between 12:30 and 1:00 p.m., varying locations. Expected pace to be between 10-12 mph, and you should have a bike in good working order, tires inflated. Even though "social paced" this is not a "beginner" ride, as we do quite a bit of elevation gain on this route - between 800-1000 feet. Rain showers may cancel, be sure to check ride updates. Rider leader Cindy Proctor. 425-293-3152

**Wednesday May 3<sup>rd</sup> Sammamish River Trail to Flying Apron Bakery**

Meet at 9:45am at Blythe Park in Bothell for a 10am start. We'll ride out and back to Flying Apron Bakery on the Sammamish River Trail. RT 22-24 miles, Social pace, A terrain. Ride leader Bette-Ann Shroyer, (425) 776-6205.

**Thursday May 4<sup>th</sup> North Seattle Parks Loop**

Meet at Shoreline Park & Ride (Aurora Ave N & N 192<sup>nd</sup> St) south parking lot a few minutes early for a 10am start. Loop ride on trails and streets near Puget Sound through Golden Gardens, Chittenden Locks, Discovery Park, Gas Works Park, UW, Ravenna Park, Green Lake, and Greenwood Park. We will walk the bikes through Chittenden Locks area (1/2 mile). We will forage for coffee / lunch along the way. 36 miles, moderate pace (14 – 16 mph), A & B terrain with 1,800 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt.

**Wednesday May 10<sup>th</sup> Conway to Mt Vernon Loop via Fir Island**

Meet at 9:45am at the ball field parking lot next to the fire station in Conway for a 10am start. We'll ride from Conway to Mt Vernon via Fir Island along the west side of the Skagit River and return on the east side. RT 21 miles, Social pace, A terrain. Route is on paved road with little elevation and low traffic volumes. Ride leader Nancy Graham, (425) 493-1952.

**Thursday May 11<sup>th</sup> McCollum – Mukilteo – Everett Loop**

Meet a few minutes early at McCollum Park west parking lot for a 10am start. Loop ride through Harbour Point, Mukilteo, and Everett. Coffee / lunch along the Everett waterfront. 33 miles, moderate pace (14 – 16 mph), A & B terrain with 1,800 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt.

**Wednesday May 17<sup>th</sup> Sammamish River Trail**

Meet at 9:45am at Wilmot Gateway Park in Woodinville for a 10am start. We'll ride out and back on the trail to Sammamish River Trail Endpoint stopping for a picnic lunch at the Sammamish Landing Park picnic area. RT 24 miles on paved trail, Social pace, A terrain. Poor weather cancels. Ride Leader Cindy Proctor, (425) 338-3639.

**Thursday May 18<sup>th</sup> Giro di Sentieri**

Meet a few minutes early at McCollum Park west parking lot for a 10am start. Loop ride including sections of the Interurban, Burke-Gilman, Sammamish River, and North Creek trails and interconnecting streets. Coffee, lunch, and rest stops expected. 34 miles, moderate pace (14 – 16 mph), A & B terrain with 1,600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Rides Updates page or call/text if in doubt.

**Monday May 22<sup>st</sup> Centennial Trail Plus**

Meet at 10 am at the Centennial Trail in Snohomish, near the Sno-Isle Library. Uses trail and local roads to head north, swing through Lake Stevens, return via Schwarzmiller & Russell Roads and trail. 23 miles, steady pace, A terrain. Optional lunch after at Trails End Pub. Ride leaders Dan & Elaine Scott 425-501-6198

**Wednesday, May 24 Echo Lake to Green Lake**

Meet at 9:45am at Echo Lake Park for a 10am start. We'll ride to Green Lake on the Interurban trail & low-traffic streets and take a snack break near Green Lake. RT 17 miles, Social pace, A terrain. Ride leader Mary Jo Gerst, (206) 546-0645.

**Wednesday May 31<sup>st</sup> Sammamish River Trail to Flying Apron Bakery**

Meet at 9:45am at Blythe Park in Bothell for a 10am start. We'll ride out and back to Flying Apron Bakery on the Sammamish River Trail. RT 22-24 miles, Social pace, A terrain. Ride leader Bette-Ann Shroyer, (425) 776-6205.

## Weekends & Tours—2017

BIKES Cub tours and weekends are put together with the idea that riding and sight-seeing are more enjoyable for a group. We would hope that if you want to diverge from the intended routes that you would communicate with the ride leader and be able to find your own way.

Have your bike in good repair, and be ready to ride some hills and the distances involved. Everyone should have the equipment and know how to deal with a flat tire.

HS=hub & spoke (stay all nights in one motel/campground)

Credit Card = stay in hotel/motel, carry own luggage

Self-contained = haul own luggage for camping

### May

#### **5/13 Skagit Spring Classic-Skagit Bicycle Club**

#### **5/20-5/21 Yakima Wine Ride (HS) with Jack McClincy & Janelle Reich**

Most people will camp at Yakima Sportsman State Park. If you are not a camper there are motels in the area. Some motels are located on the bike trail near the campground. People need to make their own reservations. I suggest doing so as early as they will take them as this campground tends to fill up.

Saturday May 20. This is the day for the wine tasting. We usually rendezvous at the campground about 8:30am and then drive down the valley 10 miles or so to the ride start point. The ride is usually 35-40 miles with stops at 5-7 wineries and lunch in the middle. I try to find a suitable café for lunch stop. Route cue sheets will be provided with names and addresses of the wineries. As we make many stops no one gets left behind. We usually try to have a sag driver so that if someone is not interested in riding the entire route people can put bikes in the vehicle and take it easy. This also lets us carry purchases. On Saturday evening we host a potluck dinner in camp. We usually will provide a spaghetti dinner and ask that others bring things to go with it. Please check with Jack and Janell before the ride so that we can plan for the number of people planning to attend and coordinate the dishes. Our home phone is 360-435-5978 and Janell's cell phone is 360-631-8364.

Sunday May 21 We will either drive to the west side of Yakima and ride to Naches. This can be a 24 or 32 mile ride depending on the wishes of the group. The other option is to ride the bike trail over to Fred Meyers on the west side of Yakima and either bring or buy lunch there. I usually take a group vote to see what people feel like doing. If we go to Naches there is no lunch stop so be prepared to bring

#### **5/20-5/27 Everett-Portland-Pasco Tour (self-contained) with Rick Proctor. Camping and motels.**

For further information contact ride leader Rick Proctor, [BikeHound@comcast.net](mailto:BikeHound@comcast.net) by Friday March 10th, 2017.

Experience the Columbia Gorge on your bicycle.

8 days, tentatively Saturday May 20th – Saturday May 27th, 2017.

This is a multi-mode tour using your bike and trains. Carry your gear on your bike for a mix of motels and camping, using restaurants when available. A – B terrain at a steady pace on mostly paved surfaces:

Day 1: Meet at the Everett Station. Using the roll-on bike feature, take the Amtrak train to Portland, OR. Bike 17 miles to a motel in Troutdale, OR.

Day 2: Bike 45 miles on the OR side of Columbia River to camp at Viento State Park, OR.

Day 3: Bike 41 miles on the OR side of Columbia River to camp to a motel in The Dalles, OR.

Day 4: Bike 22 miles mostly on the OR side of Columbia River to camp at Maryhill State Park, WA.

Day 5: Bike 55 miles on the WA side of Columbia River to camp at Crow Butte Park, WA.

Day 6: Bike 32 miles mostly on the WA side of the Columbia River to a motel in McNary, OR.

Day 7: Bike 44 miles mostly in WA to a motel in Pasco, WA.

Day 8: Bike 3 miles or so to Pasco, WA Amtrak Station, take train back to Everett.

#### **5/31 - 6/2 Whatcom County Roads (HS) with Dan & Elaine Scott.. See June.**

## Weekends &amp; Tours—2017 (cont.)

June**5/31 - 6/2 Whatcom County Roads (HS) with Dan & Elaine Scott**

[scott.dan.l@frontier.com](mailto:scott.dan.l@frontier.com)

Three days of rides. Quiet roads, includes Peace Arch, Lynden bakery, Sumas, and Lummi Island.

This is a series of day tours, and will be ridden at a touring pace. The idea is to tour together and share the enjoyment of the sights. There will be some stops for scenery or other points of interest. Food/meals will be purchased at various towns. There will be regroup stops as necessary. You need to bring spare tubes/patch kit/pump.

We will have a potluck dinner on the first night at Birch Bay SP. Elaine and Dan will provide spaghetti and brownies. Since we will be using Birch Bay SP for the Wednesday pot luck, you will need a state park day pass (\$10 or \$30 season).

Some of the rides will require remote starts, i.e. you drive to the start. These are routes are works-in-progress, subject to change when I get a chance to ride them.

Lynden-Sumas-Everson

<https://ridewithgps.com/routes/18454849>

Birch Bay - Peace Arch Park

<https://ridewithgps.com/routes/18454455>

or

<https://ridewithgps.com/routes/18454372>

Ferndale - Lummi Island

<https://ridewithgps.com/routes/18434904>

We will be staying in their RV at the casino mentioned below.

Possible lodging:

Casino/hotel belonging to Lummi Nation (also allows free RV camping)

<https://www.silverreefcasino.com>

Birch Bay State Park (for tent or RV camping)

<http://parks.state.wa.us/170/Birch-Bay>

**6/8-6/11 Idaho Trails (HS) with Clarence Elstad. Ride the Centennial Trail in the Spokane area, the Trail of the Couer d'Alenes, and the Hiawatha Trail.**

Style: Motel,hotel car shuttles, paved trails

Thu - We will carpool over and check into our lodging. (This is a hotel/motel/camping/Airbnb/VRBO/couch surfing/ hostel/warm showers, etc. type trip). Everyone will be responsible to arrange their own accommodations. (We may want to rent a house if there are several people interested) We will ride the Centennial Trail that goes from the Idaho/Washington Border to just east of Coeur d'Alene on the lake. This is 23 miles (<https://www.cdavid.org/794/departments/parks/trails-main/centennial-trail>) I recommend the use of a road bike or cross bike. (Trails we will be riding are all paved, other than the Hiawatha)

Fri - We will do part (25 miles) of the 'Trail of the Coeur d'Alene' that runs for 72 miles from the town of Plumber to Mullen. (<http://www.traillink.com/trail/trail-of-the-coeur-dalenes.aspx>). I can almost guarantee that you will see moose on this ride between Harrison and Cataldo. We will ride from Mullan, ID to Pinehurst, ID. (25 miles)

Sat - We will ride the rest of the 'Trail of the Coeur d'Alene'. We will ride from Pinehurst, ID to Plummer, ID. (50 miles) Bikers can chose to do all or part of the any of the rides, as they wish? Afterwards we can drive back home or stay an additional night in Idaho and do some additional rides. I recommend the use of a road or cross bike since all of the trails are paved.

Sun We will ride the Hiawatha Trail which included tunnels and bridges and you should either have a cross bike or mountain bike since it is on somewhat lose/packed gravel. You will also need a couple of very bright lights for the tunnels. You can rent a bike at the Trailhead location as an option.

Contact Clarence Elstad at: 425-268-8550 or [celstad@gmail.com](mailto:celstad@gmail.com) if you have any questions or want to sign up to do the ride.

**Weekends & Tours—2017 (cont.)****June (cont.)****6/22-6/26 Eugene (HS) with MaryJo Gerst.**

Bike on the many bike friendly roads around Eugene and ride on the Covered Bridges Scenic Bikeway.

Thu – Meet in Eugene.

Fri – Bike the Covered Bridges Scenic Bikeway in Cottage Grove 36 miles

Sat - Bike around Eugene 45 miles

Sun - McKenzie Loop 30 miles

Mon – Bike around Eugene 35 miles

Rides are steady pace with stops to enjoy the area scenery

Lodging: There are many Airbnb options in Eugene but book soon.

Ride Leader: Mary Jo Email ride leader for cue sheets

[maryjo1532@hotmail.com](mailto:maryjo1532@hotmail.com)

**Olympic Discovery Trail**

Dates: June 23-25 (main ride on the 24th)

Leaders: Bob & Viv Biesiedzinski

Style: hub & spoke, camp/motel

The ride starts at the Sequim Bay State Park, (Bob & Viv's campsite TBD) at 9:30 am and travels west through the town of Sequim and then through lavender fields as we make our way to the Straights of Juan De Fuca and the town of Port Angeles. The trail is primarily "A" terrain, with a few spots that are "B-C". We ride at a steady pace with stops to regroup, and refresh, along the way. Plan for a 60+ mile round trip. Pack a picnic lunch as we will stop along the Straights for a picnic! There will be a "potluck" dinner at our campsite on Saturday evening after the ride. For more information and to R.S.V.P. contact Bob Biesiedzinski at 206-595-3822 or [bobbez@gmail.com](mailto:bobbez@gmail.com). There are still campsites available in the Sequim Bay State Park. Go to [washing-ton.goingtocamp.com/SequimBayStatePark](http://washing-ton.goingtocamp.com/SequimBayStatePark) to make reservations.

**July****7/1 - 7/4 NWTR (tandem rally)****7-9/7-16 Erie Canal Biking Tour in NY July 9-16, 2017**

There is still time for you to register (two months left) for the Buffalo, NY to Albany, NY bike ride along the Erie Canal. This is approx. 400 miles in 8 days. This is there 19<sup>th</sup> annual ride.

The ride starts on July 9<sup>th</sup> and goes through July 16<sup>th</sup>. (There is an optional, (free) ride on July 8<sup>th</sup> that goes from Buffalo, NY to Niagara Falls, NY and return)

The ride, Cycle the Erie Canal, is an annual ride that is coordinated by "Parks and Trails New York"

Here is the url; that will provide the details for the ride. (It would be great if we could get a few from the club to do this ride) <http://www.ptny.org/events/annual-bike-tour> (click heading; 'Annual Erie Bike Tour')

Please contact me with any questions you may have. (I am registered for the ride already)

Clarence Elstad [celstad@gmail.com](mailto:celstad@gmail.com) or 425-268-8550

**715-7/16 STP**



**Weekends & Tours—2017 (cont.)****July** (cont.)**7/23 - 7/29 Trail of the Coeur d'Alene's (CC) with Rick & Cindy Proctor**

For further information contact ride leader Rick Proctor, [BikeHound@comcast.net](mailto:BikeHound@comcast.net) by Friday March 17th, 2017.

7 days, tentatively Sunday July 23rd – Saturday July 29th, 2017.

6 hotel nights, no camping.

175+ bike miles.

Carry your gear on your bike for nights in hotels, using restaurants when available. Picnic lunches likely. A terrain at a steady pace on mostly paved surfaces:

Day 1 Drive 375 miles to Wallace, ID for 1st night.

Day 2 Bike 49 paved miles Wallace to Harrison for 2nd & 3rd nights.

Day 3 Bike 32 paved miles Harrison to Plummer round trip.

Day 4 Bike 49 paved miles to Wallace for 4th, 5th, & 6th nights.

Day 5 Bike 15 paved miles Wallace to Mullan round trip.

Day 6 rent MTBs or ride your own, bike the Route of the Hiawatha 30 gravel miles round trip.

Day 7 Drive 375 miles to home.

**7/25-7/28 San Juan Islands (HS) with Clarence Elstad.**

Style: Motel, hotel, hostel, B&B, Airbnb

Jul 25 Meet at ferry dock at Anacortes and walk on with our bikes/luggage (pack light) and stay on San Juan Island for the 3 nights. We will have a chance to do some riding after checking into our lodging. Suggest riding to American camp and return. (I have made lodging reservations and they are not cheap-so make yours as soon as you can)

Jul 26 After breakfast we will ride to British camp and Whale Watch Park before touring, through the countryside, back to Friday Harbor.

Jul 27 Take the ferry to Lopez Island and bike for the day and return to San Juan Island for the evening.

July 28 Take ferry to Orcas Island and bike some of the quieter roads before returning to the ferry for the trip to Anacortes. (Store our luggage at Orcas while riding)

Contact Clarence Elstad at: 425-268-8550 or [celstad@gmail.com](mailto:celstad@gmail.com) if you have any questions or want to sign up to do the ride.

**August**

**There are no scheduled weekend or tours this month! You can still add yours!!**

**September****9/7-9/11 Central Oregon Tour (HS) with MaryJo Gerst**

Style: hub & spoke, various loops/hotel

Thu – Meet in Sisters, Oregon

Fri - Bike from Redmond to Smith Rock. 30 miles

Sat – Bend Twin Bridges ride. 40 miles. Dinner in Bend after the ride.

Sun – Sisters Country Ramble. 35 miles

Mon – Bike Madras Scenic Bikeway. 30 miles. Stop in Madras on the way home.

Tues – Optional stay Monday night in Vancouver and ride in Vancouver.

Rides are steady pace with stops to enjoy the area scenery.

Ride Leader: Mary Jo Email ride leader for cue sheets

[maryjo1532@hotmail.com](mailto:maryjo1532@hotmail.com)

## Weekends &amp; Tours—2017 (cont.)

**September** (cont.)**9/8—9/10 Birch Bay Weekend (HS) Whatcom Farm Tour**

Leaders: Bob & Viv Biesiedzinski

Style: hub & spoke, camp/motel

The ride starts at the Birch Bay State Park, Saturday, September 9th (Bob & Viv's campsite #31) at 9:30 am and travels east towards the town of Lyndon . We will be stopping at several cheese shops along the way. The route is primarily "A" terrain. We ride at a steady pace with stops to regroup, and refresh, along the way. Plan for a 50 mile round trip. We will stop for lunch along the route. There will be a "potluck" dinner at our campsite on Saturday evening after the ride. For more information and to R.S.V.P. contact Bob Biesiedzinski at 206-595-3822 or [bobbez@gmail.com](mailto:bobbez@gmail.com). There are still campsites available in the Birch Bay State Park. Go to [washington.goingtocamp.com/SequimBayStatePark](http://washington.goingtocamp.com/SequimBayStatePark) to make reservations.

**9/17 Cycle the WAVE****TBD Portlandia (HS) with Cindy Proctor & Allyson Welsh****9/24-9/28 San Juan's Island Hopping (CC) with Rick & Cindy Proctor**

Ride and stay on several islands.

For further information contact ride leader Rick Proctor, [BikeHound@comcast.net](mailto:BikeHound@comcast.net) by Friday May 12th, 2017.

5 days, tentatively Sunday September 24th – Thursday September 28th.

4 hotel nights, no camping.

Bike mileage TBD.

This is a multi-mode tour using your bike and ferries. Carry your gear on your bike for nights in hotels, using restaurants when available. Picnic lunches likely. A – B terrain at a steady pace on mostly paved surfaces:

Day 1 drive 65 miles to Anacortes, bike onto ferry to Lopez Island, bike around Lopez Island, ferry to Orcas Island & hotel for 1st & 2nd nights.

Day 2 bike Orcas Island.

Day 3 bike & ferry to Friday Harbor & hotel for 3rd & 4th nights.

Day 4 bike San Juan Island.

Day 5 bike & ferry to Anacortes, drive home.

**October****TBD Portlandia (HS) with Cindy Proctor & Allyson Welsh**

# Ride Pics from the B.I.K.E.S. Club Members!



April had many great rides! Thank you to all who posted photos of what we love to do...RIDE OUR B.I.K.E.S.!

If you would like to see your pictures in the newsletter you can send them directly to [editor@bikesclub.org](mailto:editor@bikesclub.org) or post them on the [Club Facebook Page!](#)

## Facebook!

Club members -- join [BIKES' Facebook group](#). We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



[Check the Road Condition Before You Go!](#)

[Snohomish County Roads Central Updates](#)

[WSDOT Weekly Snohomish County Roads Weekly Update](#)



OF EVERETT AND SNOHOMISH COUNTY

## Club Member Rider Miles

|           |            |     |          |               |    |
|-----------|------------|-----|----------|---------------|----|
| Rick      | Proctor    | 771 | Brenda   | Ferguson      | 63 |
| Dan       | Scott      | 479 | Mason    | Rutledge      | 63 |
| Pier      | Fiorentini | 438 | Bob      | Getz          | 59 |
| Bill      | Paul       | 436 | Vivian   | Biesiedzinski | 54 |
| Cindy     | Proctor    | 407 | Bob      | Biesiedzinski | 42 |
| Cheryl    | Funkhouser | 375 | Rick     | Poffenroth    | 42 |
| Bob       | Nyberg     | 349 | Mike     | Dahlstrom     | 38 |
| Bette-Ann | Shroyer    | 318 | Pam      | Snook         | 36 |
| Jack      | Willis     | 278 | Sparky   | Lane          | 35 |
| Ron       | Andersen   | 260 | Tim      | Wise          | 35 |
| Nancy     | Graham     | 209 | Steve    | Macauley      | 34 |
| Debbie    | Kawamoto   | 205 | Terry    | Macauley      | 34 |
| Robert    | Pahlman    | 153 | Joanne   | Kennedy       | 26 |
| Bill      | Lutterloh  | 146 | Larry    | Kennedy       | 26 |
| Marcia    | Stedman    | 145 | Kala     | Koch          | 26 |
| Judy      | Lang       | 121 | Kenneth  | Tang          | 25 |
| Mark      | Olson      | 115 | Robert   | Wicklin       | 25 |
| Steve     | Linari     | 113 | Clarence | Elstad        | 23 |
| Kristin   | Kinnamon   | 111 | Madeline | Norman        | 23 |
| Raquel    | Haunreiter | 105 | Dorothy  | Lindstrom     | 22 |
| John      | DeNinno    | 84  | Tom      | Crisp         | 20 |
| Rick      | Dermody    | 77  | Allyson  | Welsh         | 20 |
| Elaine    | Scott      | 75  | Diane    | Gordon        | 18 |
| Fred      | Koch       | 73  | Sean     | Wilson        | 18 |
| Bill      | Brack      | 71  | Shirley  | Slade         | 17 |
| Mitch     | Pico       | 69  | Jim      | Shaver        | 15 |
| Jan       | Johnson    | 68  | Moe      | Moosavi       | 12 |
| Kurt      | Haunreiter | 67  | Linda    | Hunter        | 9  |
| Bill      | Weber      | 64  | Tom      | Weber         | 8  |