

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

**NOVEMBER 2017**  
**VOL. 458**

[Next B.I.K.E.S. Club meeting on Nov. 16th @ 7:00 pm](#)

## Prez Sez

### Member Volunteers needed

BIKES Club of Snohomish County is small compared to our neighbor to the south, but we have a healthy membership of about 200 people who enjoy riding together and supporting the local bike club. Every group has a different culture, and ours is a friendly, social group. We enjoy regular weekly rides, weekend and longer tours, and social events like our year-end party and summer picnic.

Our events and activities are promoted through our website and monthly newsletter. Our ride miles are tracked. Our biggest event, McClinchy Mile, takes months of planning and lots of legwork. It funds our club, and grants to bike-related causes (see meeting minutes in this newsletter).

All of this happens thanks to volunteers. And volunteers are always needed. Because people burn-out or move away or want to spend more time on their bikes and less time on computers (as I am doing on this beautiful fall day).

Start thinking about how you can support your local bike club:

- Ride leading
- Website work
- Newsletter articles
- Ride coordinating
- Club officer
- McClinchy planning and promotion

Volunteer opportunities will be discussed at our November meeting, and "posted" at our year-end party.

### Tickets to 'Le Ride' Nov. 9

Hope you and 49 others have our tickets so that this [special screening of the documentary "Le Ride"](#) in Everett is a go.

### Club Meeting moved to Nov. 16

The November meeting is one week later than usual, to encourage people to attend Le Ride. Meeting is at 7 p.m. Nov. 16 at the Everett PUD, 2320 California St. We'll gather for dinner before the meeting around 5:30 p.m. at Brooklyn Brother's Pizza.

**Christmas Gift idea:** Club McClinchy jerseys will be available for purchase at the meeting. Bring \$50 cash or check.

Kristin Kinnamon  
President

## RIDE GUIDE

### PACE

<b>Easy</b>	under 10 mph
<b>Social</b>	10-12 mph
<b>Steady</b>	12-14 mph
<b>Moderate</b>	14-16 mph
<b>Brisk</b>	16-18 mph
<b>Strenuous</b>	> 18 mph

### TERRAIN

**"A" Mostly flat:** Flat or gentle grades only (trails, Norman Rd)

**"B" Rolling:** Most climbs are short and easy (Granite Falls, Kitsap)

**"C" Hills:** Frequent steeper and/or longer hills (Whidbey Island)

**"D" Difficult:** Many hills, long, steep grades (RAMROD, Mt. pass)

*Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.*

### Pedal Pushers

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. **Lynnwood Senior Center** Wednesdays. See the [Rides calendar](#) for details.

# NEWS YOU CAN USE!!

## Merrysville Light Parade Dec. 2

Join Santa Claus and fellow club members in participating in the annual [Merrysville for the Holidays Electric Light Parade](#) on Dec. 2. Bill Weber is coordinating a BIKES entry into the parade – so start planning your bike lights and holiday attire now. Details TBD, but expect to gather in Marysville around 5 p.m. and bike about a mile to a downtown park for festivities. Definitely a kid (and grandkid) – friendly event.

## Club Year-End Party Friday, Dec. 8

B.I.K.E.S. Club members and your families are invited to join us for our year-end party at 6 p.m. Friday, Dec. 8. We are at a new location this year: the historic Waltz Building in downtown Snohomish, 116 Avenue B, next door to the Blackman House.

B.I.K.E.S. provides a holiday ham, hot coffee and tea. Members BYOB, non-alcoholic or otherwise, a potluck dish to share, and a white elephant gift. The venue will be both cozy and festive, and the company (new and long-time club members) is hard to beat.

To help defray the costs of renting the space and getting an alcohol license, a \$5 donation per person will be requested at the party.

White Elephant: Please bring a wrapped gift for each member /guest in your party. Bike-themed gifts are popular, but that what's-a-ma-jig from Aunt Janet always gets a laugh, too. Don't feel the need to spend money – this gift exchange is for fun. One person's junk is another person's treasure, right?

Please RSVP by Dec. 4 to [scott.elaine.m@frontier.com](mailto:scott.elaine.m@frontier.com)

## Ride Leaders Breakfast and Tours Planning Meeting Jan. 6

The club will be hosting our dedicated ride leaders for a thank you breakfast on Saturday, Jan. 6. The breakfast will be followed by a brief meeting to coordinate dates for weekend and longer club tours in 2018. Details and invitation pending, but save the morning if you have been a regular club volunteer, or want to plan a tour and invite club members to join you.



**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

<b>Membership</b>	<b>\$20 Annual (INDIVIDUAL)</b>	<b>New Member</b>	<input type="checkbox"/>
<b>DUES</b>	<b>\$25 Annually (FAMILY)</b>	<b>Renewal</b>	<input type="checkbox"/>

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.

## NEWS YOU CAN USE!! (cont.)

### Everett Bike-Walk meeting Nov. 12

Everett Non-Motorized Transportation Association meets at 4 p.m. Nov. 12 and the second Sunday of each month at the Sno-Isle Food Co-Op classroom in Everett. Everyone interested in advocating for a safer, more bike and walk friendly Everett is welcome to attend.

### Sharing Wheels Update

*An update from the shop*

The community bike shop in Everett is making good use of our BIKES Club grant in support of Christmas House and kids bike programs. Almost 50 bikes are refurbished and ready to give to low income kids in December. Volunteer work parties continue to reach the goal of 100 bikes.

**Kids Bike Work Parties:** tonight and Nov 9 from 6 to 9 p.m., this **Sunday Oct. 29 from 11 to 3**, Nov. 5 and other dates to [fix bikes for Christmas House](#). Help at 3 events this fall, earn \$20 in shop credit.

**Bikes Bikes Bikes for Sale:** for winter riding, for speed, for off-road. [Lots of beauties in the shop](#), and some uglies (like a recumbent that needs TLC)

**Student Discount:** Everett Community College students (and any others students with college ID) can save 10% off a refurbished bike, plus get a free set of safety lights now through the end of the year

**Community Support:** thanks to B.I.K.E.S. Club of Snohomish County, Everett Rotary Club, Sno-Isle Food Co-Op, Everett Downtown Storage, City of Everett Community Development Block Grant and individual donors who have given money, time, or valuable resources (food and storage space!)

*We always welcome cash donations, volunteers, donations of quality used bikes, and friendly faces at the shop. Stop in and see us.*

**Winter Hours:** Wednesday - Thursday - Friday 1 to 6 p.m. ; Saturdays 10 a.m. to 4 p.m.

Sharing Wheels Community Bike Shop, 2531 Broadway Ave., Everett, WA 98201. Entrance and parking at the back. [www.sharingwheels.org](http://www.sharingwheels.org)

### Misc. Links

**Vote by Nov. 7:** Washington Bikes Endorsements in [Mukilteo and Bothell](#)

League of American Bicyclists [Federal Policy Update](#)

## *B.I.K.E.S. Club Meeting Minutes!!*

October 12, 2017

Bikes Club of Snohomish County

**In attendance:** Kristin Kinnamon, Debby Grant, Cindy Proctor, Dan Scott, Bill Weber, John Carlin, Frosene Sacco. Kristin opened the meeting with introductions and sharing ideas for getting ready to ride in the rain.

### **Treasurer's Report/Grant Awards**

Debby Grant reviewed the treasurer's report (attached) and the grant requests from three different agencies, Christmas House in Everett, City of Arlington, and Sharing Wheels (also attached). Last month up to \$5,000 in grant money was approved to distribute to the community.

A synopsis of the requests is outlined as follows:

Christmas House requested \$2,000 which will be used to purchase bike helmets to go with the bikes that are donated by Sharing Wheels.

Sharing Wheels requested \$1,800, broken down into \$1,200 for materials and resources for Christmas House, \$500 to pilot a bike valet parking program at next year's Farmers Market, and \$100 to go towards a volunteer work party.

City of Arlington requested \$2,000 to go towards the purchase of a special water bottle-filling fountain at Legion Park, in downtown Arlington on the Centennial Trail

Members discussed each program and benefits and decided to award the grant money as follows:

For **Christmas House**, BIKES Club will award the full \$2,000 as requested. Motion was made to approve this grant by Bill Weber and seconded by Dan Scott. Motion passed.

For **Sharing Wheels**, BIKES will grant \$1,500 total. \$1,200 to go toward the Christmas House program. \$300 to go toward the valet parking, with the idea that either the Farmers Market or the Port of Everett might pick up some of the added expense. It was decided that BIKES club will pay the \$100 requested for the volunteer work party out of the general fund. Dan Scott made a motion to approve the awarding of \$1,500 to Sharing Wheels, which was seconded by John Carlin. Motion passed.

For the **City of Arlington** it was decided that BIKES will grant \$1,500 towards the purchase of a water bottle fountain, to be placed in Legion Park, and possibly bear a small plaque/label recognizing BIKES Club. These funds will be contingent on the City contribution the other portion of these funds and having the budget confirmed for this work order in place for installation. The motion was made by John Carlin to approve the \$1,500 grant money to the City of Arlington. Motion seconded by Bill Weber. Motion passed.

### **McClinchy News:**

Haller Park has been reserved for April 29<sup>th</sup>, 2018. There will definitely be no Oso Ride next year.

Members discussed the need for getting an advertising plan ready soon, in order to include our promotion in the next Cascade "Pedal" publication in January. The club is seeking sponsors and/or partners to go in on advertising expenses. Kristin has asked the other clubs in the North Puget Sound Bike Alliance if they might be interested in partnering on this with us.

We also discussed seeking local businesses as sponsors for McClinchy, to include their logos on possible advertising and promotional materials, tech t-shirts, posters, etc.

### **Centennial Trail Coalition meeting**

General meeting 6:30 PM to 7:30 PM Nov. 16 at Christ King Community Church, 21108 67th Ave NE, Arlington, WA. Club member Rick Proctor represents bicycling interests in the coalition. The group works to support planning and improvements to county rail-trails: Centennial, Whitehorse, and future Snohomish-Monroe-Duvall trail extension.

### **Next Month:**

Next month's meeting was rescheduled for November 16<sup>th</sup>, at the PUD building. On November 9<sup>th</sup>, there is a special bike related movie showing, and the club members are encouraged to attend.



## November Rides: Weekends & Weekdays

### WEEKEND RIDES

Be sure to check the "[Ride Updates](#)" page for any added or changed weekend rides! We hope the weather will improve and we will all be able to get out and RIDE, RIDE, RIDE!

#### [Sunday, November 12<sup>th</sup> Hidden Gems Ride](#)

Missed the first one? Then go rained out last month? Meet in Burlington near the Home Depot for a 10:30 start. 35+ miles, steady pace, some hills. Bring snacks, eat afterwards. Steady rain cancels. RSVP Dan Scott 425-501-6198 by 11/11/17

#### [Sunday, November 19th Solstico and Sound Garden Tour](#)

Meet at Logboom Park, 9:45 for a 10:00 am start.

We will ride up the Burke-Gilman trail and stop at Solstico (<http://www.solsticiofremont.com>) for lunch (or bring your own and picnic nearby) or tea. Afterwards, head toward Magnuson Park to visit the Sound Garden and maybe the Cascade Bike Club headquarters while we are in the neighborhood. 30 miles, SOCIAL Pace, A terrain, and just a bit of B. Ride leader Cindy Proctor 425-293-3152. Rain will cancel, check ride updates before leaving. Ride with GPS: <https://ridewithgps.com/routes/20070406>



## WEEKDAY RIDES

### Tuesdays November 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> Tuesday Moderate Ride – 10 am start

Meet a few minutes early at Silver Lake Bicycle Centre for a 10 am start. Moderate pace group (14 – 16 mph) 25 or so miles, A/B terrain. Loop ride routes vary. Mid-ride break with optional lunch and/or coffee after the ride. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels. Check the Rides Updates page or call/text if in doubt.

### Tuesdays November 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> Tuesday Steady Ride

Meet a few minutes early at Silver Lake Bicycle Centre for a 10 am start. (Steady pace 12-14 mph) 20 - 25 miles, A/B terrain. Loop ride routes vary. Mid-ride break with optional lunch and/or coffee after the ride. Ride leader: Dan Scott 425-501-6198 or other competent BIKES ride leader. Ice, snow, or steady rain cancels. Check the Rides Updates page or call.

### Tuesdays November 7<sup>th</sup>, 14<sup>th</sup>, 28<sup>th</sup> Tuesday Ride (Social Pace)

Meet at Bicycle Centre Silver Lake, at 9:45 for a 10:00 a.m. start. Mileage will vary between 18-22 miles, A and B terrain in the Mill Creek residential area. We will meet for lunch/coffee after the ride between 12:30 and 1:00 p.m., varying locations. Expected pace to be between 10-12 mph, and you should have a bike in good working order, tires inflated. Even though "social paced" this is not a "beginner" ride, as we do quite a bit of elevation gain on this route - between 800-1000 feet. Rain showers may cancel, be sure to check ride updates. Rider leader Cindy Proctor. 425-293-3152

### Thursday November 2<sup>nd</sup> North Seattle Parks Loop – Revised

Meet at Green Lake Park restrooms at SSW end of the lake ( 6200 West Green Lake Way N ) a few minutes early for a 10am start. Loop ride on trails and streets near Puget Sound through Greenwood Park, Golden Gardens, Chittenden Locks, Discovery Park, Gas Works Park, Kerry Park via Queen Anne hill, UW, and Ravenna Park. We will walk the bikes through Chittenden Locks area (1/2 mile). We will forage for coffee / lunch along the way. 32 miles, moderate pace (14 – 16 mph), A & B terrain with 1,900 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt. Ride With GPS link: <https://ridewithgps.com/routes/23333989>

### Thursday November 9<sup>th</sup> Centennial Trail Steady Ride

Meet a few minutes early at Snohomish Library trail side parking lot for a 10am start. Ride to Armar Trail Head roundtrip with a side trip during the return into Lake Stevens for a picnic lunch at North Cove Park. Bring your picnic lunch or buy one locally. 37 miles, steady pace (12 – 14 mph), "A" terrain with 600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow or steady rain cancels. Check the Ride Updates page or call/text if in doubt. Ride With GPS link: <https://ridewithgps.com/routes/26399902>

### Wednesday November 15<sup>th</sup> Tea & Crumpet Ride

There have been "Bakery Rides" and "Donut Rides", so I thought we could call these "Tea & Crumpet" Rides. A Crumpet being any edible item one chooses. These will be Social Pace (10-12) rides with terrain and mileage changing as the ride ideas change. As we head into short daylight hours and colder weather, let's take advantage of at least some of the endurance fitness we built over the summer months. Meet at Machias Station at 9:45 to ride to Arlington and the Stilly Cafe (the one in the pharmacy ;-)) for our first tea & crumpet stop. We will be on the trail for the entire ride, so terrain will be "almost" flat, and the miles will be somewhere around 35. Of course foul weather (rain, snow, ice, heavy wind to name a few) will cancel the ride and I will post that on updates either the night before or early the morning of the ride. Ride Leader: Nancy Graham, 425-345-0716.

### Thursday November 30<sup>th</sup> Giro di Sentieri (sorry, no link available)

Meet a few minutes early at McCollum Park west parking lot for a 10am start. Loop ride including sections of the Interurban, Burke-Gilman, Sammamish River, and North Creek trails and interconnecting streets. Coffee, lunch, and rest stops expected. 34 miles, moderate pace (14 – 16 mph), A & B terrain with 600 feet of elevation gain. Ride leader Rick Proctor 425-293-3153. Ice, snow, or steady rain cancels, check the Rides Updates page or call/text if in doubt. Ride With GPS link: <https://ridewithgps.com/routes/20265589>



# Ride Pics from the B.I.K.E.S. Club Members!



October had many great rides! Thank you to all who posted photos of what we love to do...RIDE OUR B.I.K.E.S.!

If you would like to see your pictures in the newsletter you can send them directly to [editor@bikesclub.org](mailto:editor@bikesclub.org) or post them on the [BIKES Club Facebook Page!](#)

## Facebook!

Club members -- join [BIKES' Facebook group](#). We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



[Check the Road Condition Before You Go!](#)

[Snohomish County Roads Central Updates](#)

[WSDOT Weekly Snohomish County Roads Weekly Update](#)



OF EVERETT AND SNOHOMISH COUNTY