

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

Your Snohomish County Cycling Club

**JANUARY 2021**  
**VOL. 497**

[Next B.I.K.E.S. Club meeting is January 14th @ 7:00 pm](#)

## Prez Sez

January 2021

Happy New Year! Winter gloom is in top gear with likelihood for cold wind, ice and snow mixed in with short days. More rain is likely too. Low angle sun breaks may occasionally happen. Look on the bright side – we are now past the winter solstice, so the days are getting longer!

BIKES Club rides with a limit of 5 riders, including the Ride Leader, with social distancing and precautions has been a popular way for BIKES members to get out and ride their bikes during this time of COVID-19 era restrictions. The weather this time of year gets cold and it can be more difficult to be outside, but maintaining social distancing while being outside is considered safer than being indoors with other people. Bike riding is a great outdoor activity.

### Next BIKES Club Meeting

BIKES Club has monthly club meetings for members on the 2<sup>nd</sup> Thursday of each month from September to May. No meetings in the summer or December.

The next BIKES Club meeting is set for 7 PM January 14<sup>th</sup>, 2021 and will be via Zoom due to COVID-19. BIKES Club members will be e-mailed the agenda and Zoom meeting details.

### Online Ride Registration Process

We recognize the inconvenience of the present RSVP process, waiver signing and waiver document storage. There is a better way being built to do what needs to be done – something modern. A few energetic and knowledgeable members are developing a new process where:

- Ride Leaders will post rides direct to the rides Calendar page on our website.
- Riders will need to register online through the ride posting on the Calendar page, then receive an e-mail confirmation. Riders may also cancel.
- Riders will electronically check a box to “sign” the waiver as part of registration.
- Ride Leaders will be able to access the list of registered riders.
- Information will be retrievable for who “signed” the waiver, when, and for which ride.

**A temporary phase is presently underway where an increasing number of rides are posted to the Rides Calendar with online registration (a.k.a. RSVP). This phase will require electronic waiver “signing” and signing the paper waiver as usual in a parallel testing scheme.**

**Please use the electronic online registration if it is available for the ride.**

**Please continue signing the paper waiver for all BIKES Club rides until further notice.**

Wild Apricot is the commercially available host for our <https://www.bikesclub.org> website. The Online Registration Process makes use of available features offered by Wild Apricot without special modifications. This new process will be a significant improvement for BIKES Club activities.

We are approaching operational readiness for the Online Registration Process.

Stay well and have a great ride!

Rick Proctor  
President, BIKES Club of Snohomish County

## RIDE GUIDE

### PACE

<b>Easy</b>	under 10 mph
<b>Social</b>	10–12 mph
<b>Steady</b>	12-14 mph
<b>Moderate</b>	14-16 mph
<b>Brisk</b>	16-18 mph
<b>Strenuous</b>	> 18 mph

### TERRAIN

**“A” Mostly flat:** Flat or gentle grades only (trails, Norman Rd)

**“B” Rolling:** Most climbs are short and easy (Granite Falls, Kitsap)

**“C” Hills:** Frequent steep-er and/or longer hills (Whidbey Island)

**“D” Difficult:** Many hills, long, steep grades (RAMROD, Mt. pass)

*Pace is based on speed on flat ground. Contact the Ride Leader if you are unsure whether a ride is right for you.*

### Pedal Pushers

B.I.K.E.S. partners with the Lynnwood Senior Center to welcome and encourage older adults to bicycling. Bring your bike if you like and we'll do minor fit and safety checks. **Lynnwood Senior Center** Wednesdays. See the [Rides calendar](#) for details.

## NEWS YOU CAN USE!

### How Did We Get Paved Roads?

BIKES Club is an organizational member of the [League of American Bicyclists](#). LAB has roots going back to 1880 well before automobiles. While on the LAB website recently I came across a linked article from Smithsonian Magazine titled "American Drivers Have Bicyclists to Thank for a Smooth Ride to Work". An alliance with bicyclists, farmers, and the U. S. Postal Service worked wonders. You can get to the article by clicking [League of American Bicyclists](#), then About the League, then Mission and History, then scroll down under to Explore League History.

### Washington State Active Transportation Plan Online Open House

Every Washingtonian uses active transportation connections at some point in a trip, whether crossing the street from their parking spot to their destination, walking to a bus stop, or bicycling to school or work. People who are interested in the future of active transportation in Washington are invited to comment on a draft of the new State Active Transportation Plan, 2020 and Beyond. The plan serves as the needs assessment for accessible pedestrian and bicyclist facilities. Deadline for comments is **Monday, Feb. 15, 2021, 5 p.m.**

WSDOT has established an [online open house](#) to provide plan information for review with an accessible PDF of the draft document and a SurveyMonkey form for feedback.



**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

<b>Membership</b>	<b>\$25 Annual (INDIVIDUAL)</b>	<b>New Member</b>	<input type="checkbox"/>
<b>DUES</b>	<b>\$35 Annually (FAMILY)</b>	<b>Renewal</b>	<input type="checkbox"/>

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.

## Who Made the BIKES Club Go in 2020?

The annual BIKES Club Year-End Holiday Party was held the evening of Thursday December 10<sup>th</sup> in a Zoom meeting online. There were 26 bike-oriented people in attendance and a good time was had by all with lots of conversation, sweater contests, Rider Miles recognitions, decorated helmets, a slide show of some BIKES Club rides, bike trivia more conversation. Thanks to Leslie Strickland, Bob and Viv Biesiedzinski and Dan Scott for their efforts in making this event a good one.

The mission of the BIKES Club is “encourage bicycling for recreation, transportation and exploration”, with the following goals:

1. Sponsor organized recreational bicycle rides.
2. Promote bicycle safety.
3. Encourage transportation development organizations to provide bicycle friendly infrastructure that will draw more people to bicycling.
4. Ride bicycles responsibly with other traffic.
5. Maintain the [www.bikesclub.org](http://www.bikesclub.org) website and associated e-communications for effective club operations.
6. Coordinate the major events of the BIKES Club with other bicycle clubs in Washington state.

At the time of this writing in late December 2020, the BIKES Club has 189 members. Let’s take a moment to recognize all the people known to help make these goals a reality by contributing their time and skills throughout 2020:

- Ron Anderson – Ride Leader for 9 rides.
- Bob Biesiedzinski – Ride Leader for 5 rides, Editor of the Chainwheel Chatter newsletter, co-host for the Holiday Party.
- Viv Biesiedzinski – Ride Leader for 6 rides, co-host for the Holiday Party.
- Mike Dahlstrom – Ride Leader for 1 ride, Rider Miles coordinator, community bicycling advocate.
- Drew Ellison – Ride Leader for 14 rides, Bike Swap event coordinator, key Online Registration Process developer, community bicycling advocate.
- Steve Fox – keeper of the Bikes Club bike box and bike trailer
- Cheryl Funkhouser – Ride Leader for 15 rides.
- Patty Garrett – founding club member.
- Debby Grant –Treasurer, Ride Leader for 1 ride, Membership Coordinator, Website Administrator, key Online Registration Process developer
- Kurt Haunreiter – Jersey designer, McClinchy Mile logo design for 2020 or future year
- Raquel Haunreiter – Ride Leader for 4 rides, Rides Coordinator, Calendar maintainer.
- Debbie Kawamoto – Ride Leader for 14 rides.
- Kristin Kinnamon – Board of Directors member, community bicycling advocate
- Bill Lutterloh – Ride Leader for 26 rides.
- Bob Nyberg – Ride Leader for 6 rides.
- Mitch Pico – McClinchy Mile map maker.
- Cindy Proctor – Ride Leader for 24 rides, North Puget Sound Bike Alliance secretary.
- Rick Proctor – President, Ride Leader for 64 rides, community bicycling advocate, article contributor for the Chainwheel Chatter, Online Registration Process developer.
- Kathy Riddle – Secretary.
- Lou Rivetti – Ride Leader for 12 rides.
- Dan Scott – Ride Leader for 24 rides, community bicycling advocate
- Elaine Scott – Ride Leader for 2 rides.
- Jim Stewart – Ride Leader for 7 rides.
- Leslie Strickland – Secretary, Year-End Holiday Party coordinator
- Linda Thiem – Ride Leader for 11 rides.
- Paul Vermeulen – Ride Leader for 13 rides.
- Bill Weber – Ride Leader for 1 ride, community bicycling advocate
- Jack Willis – Ride Leader for 9 rides.
- Tim Wise – Webmaster

Rides led, as indicated above, were the 1 year period of Nov 24, 2019 – Nov 24, 2020 based on Rider Miles reports to the Rider Miles Coordinator, Mike Dahlstrom. Here’s some more statistics from Mike:

- 95 members rode at least one club ride.
- 21 Ride Leaders.
- 268 rides in one year.
- Though there were no club rides from mid-March to early June due to COVID-19.
- 227 rides from June 1<sup>st</sup> – December 9<sup>th</sup>, 2020 under COVID-19 precautions in small groups.

And we’re still riding . . .

When you get a chance, let these good folks know you appreciate their efforts in making the BIKES Club the fun place it is.

Have a great ride!

Rick Proctor

## BIKES Club of Snohomish County November Minutes November 12, 2020

**Note:** This meeting was held online via Zoom.

**In attendance:** Rick Proctor, Debby Grant, Lou Rivetti, Dan Scott, Cindy Proctor, Mike Dalhstrom, Bob & Viv Biesiedzinski, Drew Ellison, John Carlin, Shirley Slade, Paul Verneulen, Christy Crowley, Debbie Kawamoto, Leslie Strickland.

**WA state COVID-19 conditions:** Governor Inslee spoke tonight about the rise in Washington COVID-19 cases. Inslee may announce new restrictions next week.

**Budget/financials:** Debby provided a status on the BIKES budget. BIKES is in good shape financially. Total Assets: \$13,744.56 Total Liabilities: \$12,935. (includes prospective 2021 McClinchy Mile expenses and Memorial Fund \$260) Cash on Hand: \$809.56.

**Online ride registration (RSVP) process:** A transition to the online registration is gradually taking place. Rick wrote a list of problems and issues remaining with the process. Hopefully these issues can be resolved. Drew will write instructions for online registration and schedule another ride leader meeting. The RSVP texting to ride leader/signing paper release method continues for other rides. Signing the paper waiver is still required for all rides.

**Member forum page subscriptions:** Rick reviewed the process for members to subscribe to the BIKES Ride Updates or Member Forums. There are two steps. To subscribe to Ride Updates members first go to Calendar\Ride Updates and select subscribe (on the right in the area above Topics). Next, in the member profile area, select edit Forum Subscriptions. Choose the preferred notification frequency option (daily, weekly, immediately). When adding a new forum topic, the creator should select subscribe immediately.

**Help wanted – Webmaster:** Discussions continue regarding the responsibilities of a webmaster. This includes managing the BIKES domain, miscellaneous club email accounts, and customizing web pages.

**Centennial Trail BIKES table:** BIKES will split the cost of a picnic table with the Trails Coalition. The tentative plan is for the table to be located close to the Centennial trail, .5 mile north of Hwy 92. More details will be worked out such as the plaque dedication (not memorial) script. Rick will continue working on this and will attend the next Trails Coalition meeting.

**BIKES Holiday Party:** The December 5<sup>th</sup> annual holiday party is cancelled. Suggestion to include holiday party celebration in next BIKES meeting on December 10<sup>th</sup>. Suggestions to include Ugly or Not sweater contest, looping slide show with ride pictures. Leslie will work on organizing the holiday party aspect.

### Potential fund raisers in 2021:

Rick presented a quality comparison chart of various fund-raising ideas (McClinchy Miles, dues increase, Ice Cream\Cookie social, Tour de Cascadia). Quality categories (promotes bicycling, extensive planning, 1 big day, extra insurance, food handling, awards, extensive planning, can be done in COVID-19 eras under phase 1 and 2). The comparison chart will be posted to the next Chainwheel Chatter newsletter.

**McClinchy Mile poll results:** Should (Y – 24, N – 19), will support (Y -22, N – 21), Help with planning (Y -16, N – 27). Rick displayed a Washington state COVID-19 reopening requirements document for races, tours, and rides. There may be challenges meeting these requirements such as the limiting the number of people allowed at a rest stop (5) and finding volunteers to carry out sanitation protocols. Rick stated if someone wants to organize the McClinchy event they can volunteer (and should be aware of these state requirements) and contact Rick Proctor. A summary of the poll results will be posted to the website home page and next Chainwheel Chatter newsletter.

Discussion followed on BIKES financial status if there is not a 2021 fundraiser. Debby surmised BIKES is close to breaking even between member fees and operating expenses. BIKES should research this more. Online renewals with credit card transactions that include a service fee could help club gain more revenue. Many organizations offer the credit card transaction service fee option as a way to offset club credit card expenses.

**Next meetings:** December 10, 2020 at 7 pm, January 12, 2021 at 7 pm. These will be online Zoom meetings.

**B.I.K.E.S. CLUB MEMBER RIDER MILES**

Rick	Proctor	2412	Bob	Biesiedzinski	289	Mike	Fenlin	76
Paul	Vermeulen	1873	Viv	Biesiedzinski	289	Bob	Garrett	68
Lou	Rivetti	1701	Kayla	Koch	273	Jim	Shavers	61
Earl	Bardin	1539	Christine	Tweedy	272	Jack	McClincy	59
Bill	Paul	1507	Kathy	Riddle	259	Tara	Fuller	56
Cheryl	Funkhouser	1499	Debby	Grant	256	Kurt	Hunreiter	56
Linda	Thiem	1425	Marcia	Stedman	245	Adrienne	Reynolds	54
Drew	Ellison	1318	Chad	Bronstein	237	John	Whitehouse	51
Brian	Elmore	1256	Judy	Lang	217	Linda	Hunter	48
Dan	Scott	1089	Chuck	Hopper	189	Dave	Stewart	46
Jim	Stewart	926	Bill	Brack	183	Tweety	Christine	42
Fred	Koch	844	Mike	Dahlstrom	181	John	Carlin	35
Pidge	Hopper	806	Olivia	Getz	179	Paul	Logan	31
Debbie	Kawamoto	748	Gloria	Hammond	174	Bob	Getz	30
Adrienne	Dorf	695	Raquel	Hunreiter	156	Brian	Mendendorp	30
Cindy	Proctor	662	Hilary	Heath	154	Mitch	Pico	30
Ji	Kim	647	Bette-Ann	Shroyer	151	Tom	Weber	27
Steve	Linari	645	John	Dennino	141	Genelle	Reich	26
Cheryl	Walchli	629	Daryl	Bates	140	Peter	Smith	23
Ron	Andersen	609	Gary	Broughton	129	Erik	Westlund	23
Bob	Pahlman	609	Kristin	Kinnamon	122	Linda	Braun	22
Bob	Nyberg	601	Tim	Wise	118	Diane	Pickrel	22
Christi	Cowley	598	Terri	Russel	108	Gabriel	Rinkes	21
Bill	Lutterloh	526	Nancy	Graham	104	Alison	Ahlgrim	20
Fred	Norouzi	473	Mary	Chesney	96	Matt	Covert	20
Dayle	Iverson	466	Bill	Weber	96	Shirley	Slade	20
Rick	Dermody	452	Janet	Leister	94	Matt	Petersen	18
Leslie	Strickland	394	Rebecca	Hollenbeck	90	Francis	Philbin	18
Paul	Heydron	372	Brenda	Ferguson	86	Joe	Self	18
Judy	Izutsu	354	Karen	Berliner	85	Pam	Snook	18
Elaine	Scott	317	Peneolpe	Thompson	85	Faith	Sokal	18
Jack	Willis	303				Patrick	Robertson	12
Vickie	Stewart	295				Kristin	Knodell	7

**How are BIKES Club Rider Miles Calculated?**

Are you tracking your miles for the year? So are we - but only on official club rides. What qualifies for B.I.K.E.S. Rider Miles? Club rider miles are only counted for those rides and tours that are posted in the newsletter and web-site ride calendar or on the Ride Updates page. The idea is that club miles apply on rides where club members were notified in advance.

Note that only club member miles are listed. Any guests who ride would need to become a club member to see their miles listed.



# Ride Pictures from the B.I.K.E.S. Club Members!



2020 had many great club rides where everyone stayed safe! Thank you to all who posted photos of what we love to do...  
**RIDE OUR B.I.K.E.S.!**

If you would like to see your pictures in the newsletter you can send them directly to [editor@bikesclub.org](mailto:editor@bikesclub.org) or post them on the [BIKES Club Facebook Page!](#)

### Facebook!

Club members -- join [BIKES' Facebook group](#). We've set the page up to share photos, ride reviews, bike or travel discussions, etc. Thanks to Dan Scott for managing our page, and to the many members who contribute interesting posts.



[Check the Road Condition Before You Go!](#)

[Snohomish County Roads Central Updates](#)

[WSDOT Weekly Snohomish County Roads Weekly Update](#)

