

Chainwheel Chatter

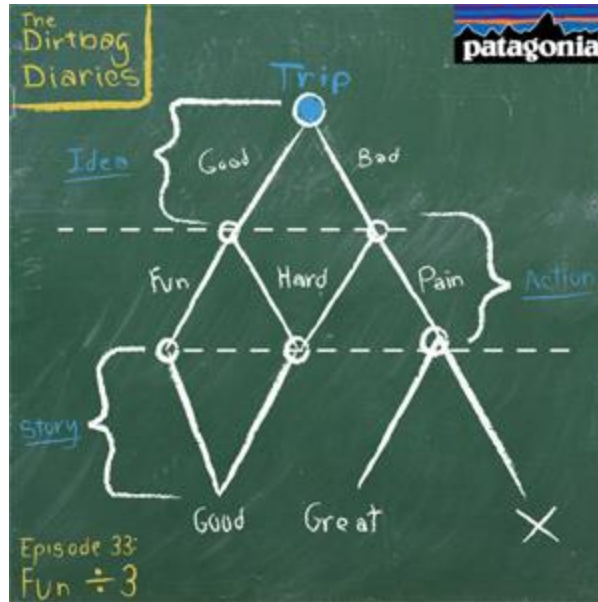
B.I.K.E.S. Club of Snohomish County
October 2022



Prez Sez

Fun Is Coming This Fall and Winter

We're all members of BIKES Club and we love to ride our bikes with other club members. It's fun and that's why we do it.



Did you know that there are **three types of fun**? You may have experienced all three kinds and never even knew it. If you do an internet search on the three types of fun, you'll find a myriad of blogs and sites describing them. They will vary somewhat in their definitions, but it pretty much boils down to this, described in terms of bike riding.

Type 1 Fun: It's fun while you are doing this ride. The wind is at your back, the sun is shining on you, and your best friend is riding next to you. You want it to never end. But there are no good stories to tell about it at the next club meeting.

Type 2 Fun: This type of fun involves ... suffering. You probably didn't feel much elation during the ride. It may have rained the whole time and it was cold, and it was the hardest hill climb you've ever done. "Why did the Ride Leader include that long steep hill?!?!". You were just glad to get back to the car. During the ride, you may have told yourself that riding bikes is stupid and you'll never get on a bike again. But somehow you finished AND It gives you great stories to tell afterwards. You decide later that it was an epic ride. You can't wait to tell your buddies about it.

Type 3 Fun: It's not enjoyable at all, either during or looking back at it. The ride is a complete disaster. You don't like to think about it, not to mention talking about it. It's only considered fun by definition because it involved a bike.

Recently a club member went on a multi-day tour with a big group led by a

famed tour-leader. Afterwards, she told me about the wind and rain and problems on the tour, and how she thought what a crummy time it was while she was riding. And then, looking back she thinks "Cool! I can ride in conditions like that and survive and it wasn't so bad after all!" And now she has some good stories to tell. **Type 2 Fun!**

With the days getting shorter and colder and wetter, what type of fun are you looking forward to? While pursuing Type 1 Fun, sometimes we get Type 2 Fun. We don't seek it out - sometimes it just happens to us. Embrace it when it happens, remember the stories, and share with the rest of us. We want to hear them. Just avoid Type 3 Fun. They're no fun at all.

Keep on pedalin',

Prez Drew

p.s. Don't forget to smile when you pass fellow cyclists.

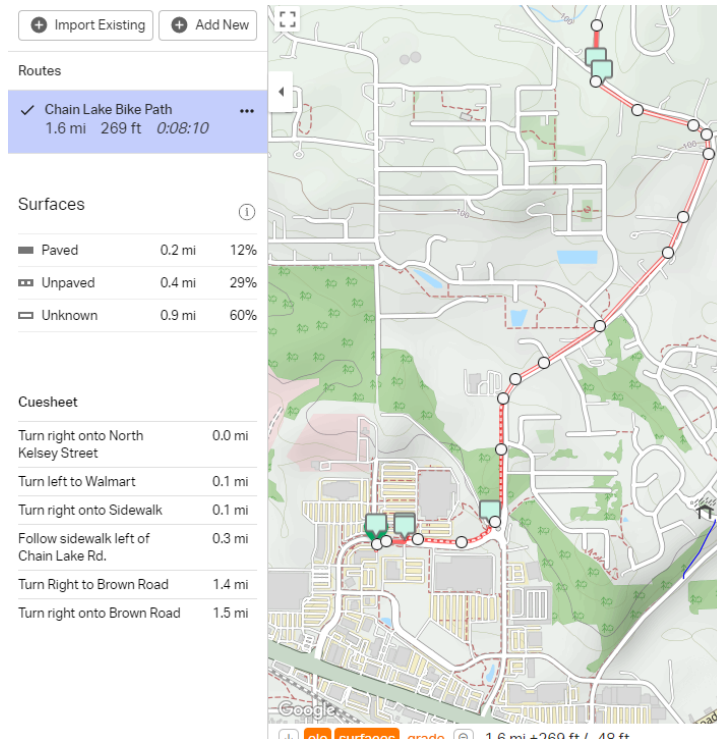
Vice Prez Sez

How to Make Routes using Ride With GPS

For our first program of the season I gave an overview of route making using Ride With GPS. The emphasis was on tips to stay out of trouble (click close to, but not ON an intersection), and using the overhead satellite view and street view to check route options. We also looked at the new Heatmap feature to get ideas for routes by seeing where others have ridden.

Come join us at the October meeting; Debbie Grant has volunteered to tell us about her adventures riding in and around Glacier Park. We still need programs for future meetings, so please send your requests or topic ideas to me at. vicepresident@bikesclub.org.

And for some actual bike routes info, a couple of weeks back I led the Tuesday Steady group up a newly paved path north out of Monroe. The path follows the West side of Chain Lake Road for a mile that leads into Brown Road and a variety of potential routes on quiet roads in the hills to the north of town. With all the new development on the edge of Monroe, Chain Lake is plagued with too much traffic to ride, so the new path is a real improvement



I made a very short route on RWGPS for the new path [that you can see here](#).

News You Can Use...

October BIKES Club Meeting.

The next BIKES Club meeting is set for 7 PM, October 13, 2022 at the Snohomish County PUD Building. 2030 California St. Everett, WA 98201

What if I really like online Zoom meetings?

Our intent is to get back to all in-person meetings. But, if you really want to stay online, at least for now, please let [Prez Drew](#) know.

BIKES Club has monthly club meetings for members on the 2nd Thursday of each month from September to May. No meetings in the summer or December.

Riding On Air

Tires don't help you look better, fix your plumbing problems, or resolve political issues, but you gotta have them. Pneumatic tires provide the bike rider with the cushion of air for the wonderful feeling we like as we fly over the ground. Tires must be tough and durable to provide their function reliably, yet tires are

also vulnerable to unfavorable environmental conditions that can end the joy ride when a puncture happens and the compressed air in the tire escapes. Here in America, we commonly refer to this situation as a *flat*.

There are lots of good quality bike tires on the global market that will last for many thousands of miles, and with some good maintenance and a measure of luck, there can be very few flats. Some bike tires resist flats better than others, but if you want to know what you can do to help prevent flats with the tires you have now

[Read On >>>](#)

New Membership options

[Membership Benefits>>>](#)



Coming Up...

October Club rides

There will be a variety of BIKES Club rides scheduled through October on the [Calendar](#). Some rides may be posted the day before the scheduled activity. Rides can be cancelled or changed when weather conditions are forecast to be sufficiently foul as determined by the Ride Leaders and which forecasts they think may be accurate. Keep up with ride changes by subscribing to [Ride Updates](#).

[Rides Calendar >>>](#)



Ride Leader Corner

Ride leaders, Need to Cancel a Ride?

As we move into Fall, and weather becomes less predictably good for riding, we need to be aware of the process for canceling a ride.

First, do not delete your event. Find your event from the Admin view of the club website. Open it, click "edit" and add "Cancelled" to the title. Save.

Then click the 'Allow registration' button to turn off registration.

After saving this, send an email to the registrants through the basic and simple options as spelled out here. <https://bikesclub.org/page-1791886>

If you're going to do your ride on a different day, do not merely change the date of the listing. Again, refer to the procedures outlined in the directions from the above webpage.

Thanks for listing rides

Thanks.

Dan Scott,

Ride Leader Coordinator

leadaride@bikesclub.org

COVID-19 persists

[Temporary Precautions for BIKES Club Ride During the COVID-19 Crisis.](#)

Max Group Sizes

Ride groups may now have 12 riders or less as determined by the Ride Leader. The number includes the Ride Leader. The ride posting and registration page should indicate the maximum number of riders for the ride.

[Online Reg - Step by Step>>>](#)

[Online Registration Process for Ride Leaders >>>](#)



Rider Miles Top riders for August

Linari	Steve	2939
Proctor	Rick	2339
Tweedy	Christine	1663
Kawamoto	Debbie	1439
Heydron	Paul	1294

[How many Club miles do you have?](#)



Club meeting minutes

Catch up here to read the most recent meeting minutes. Log on to the club website to access all meeting minutes.

[Meeting Minutes >>>](#)



Sharing Wheels

Sharing Wheels News

Nonprofit partnerships make biking better

By Kristin Kinnamon, Sharing Wheels board president



Help fix bikes for kids

Over the years, volunteers have helped us fix more than 1,600 bikes that go to low income families over the holidays. Kids bikes are simple - but they take time to clean, fix flats, and adjust brakes. There's a huge demand for our bikes this year, so we need YOU.

Work parties start Tuesday Oct 11 and run from 6 to 9 pm every Tuesday and Thursday through early December at the Sharing Wheels shop, 2531 Broadway Ave, Everett.

New and past volunteers are encouraged to [sign up for the first work parties in October](#). We'll give a brief orientation to our kids bike program, to the bike tools, and to the shop and staff helpers. Mechanical skills are not needed - just a willingness to get greasy.

Volunteers who keep coming back are most valuable to us - and [you can earn rewards, too](#).

[Learn More](#)

Bike Repair Classes

Bikes are great, but they can be a bit mysterious to people. With all the levers,

cables and gears on them, they can seem intimidating to fix. But you don't have to be intimidated, because we have the classes to help you decipher your bicycle. Start out by learning how to [fix a flat tire](#), the most common issue bike owners face.

You can then take our [basic bike maintenance class](#) where you'll learn how to adjust gears & brakes and identify when to take your bike to a shop. We also have advanced bike maintenance classes that take a deeper dive into your bike, with instruction on overhauling bearings, cables and more.

If you're interested in taking a class, [sign up on our website](#). Bring your own bike to work on so you can get familiar with it!

See all the events at [Sharing Wheels Calendar](#)

[Sharing Wheels Website >>>](#)

Other Links

League of American Bicyclists

Click on the link below to read the League blog and catch up on League efforts around the country. BIKES is a member of the League of American Bicyclists and it is through the League that we purchase our club insurance.

[League of American Bicyclists>>>](#)

Adventure Cycling

Whether you like your adventures in the saddle or from the armchair, Adventure Cycling will inspire. You might also find reviews of new bikes and equipment and tips on how to enjoy or improve what you already have.

[Adventure Cycling >>>](#)



bikesclub.org

Comments or suggestions? Send an email to:

[Newsletter Editor](#)